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**BOUNTY HUNTER
KATHERINE HEIGL
SNAGS THE
TOUGH ROLE** {page 20}



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Thursday, January 26,
2012

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AND ENTERTAINMENT
IN THE CAPITAL!

SEE PAGE 23

Blade. Bliss



JOE LOFARO/METRO

► Mike Flanagan, right, skates on the brand new ice at the official opening of the Rink of Dreams outside Ottawa City Hall Wednesday evening.

Ottawa's Rink of Dreams comes true

Ottawa Senators Erik Karlsson and Milan Michalek helped to officially open Ottawa's newest skating rink — the Rink of Dreams — to the public Wednesday. The 12,500-square-foot surface located at the Marion Dewar Plaza will offer avid skaters a viable alternative to the Rideau Canal on days when it is closed. The Rink of Dreams will operate seven days a week from 8 a.m. to 11 p.m. November to March. And as Majic 100 radio host Stuntman Stu joked, "It's free, unless you're a Leafs fan."

OC Transpo back on board with open GPS

► City did release data briefly during Apps4Ottawa contest in 2010, early 2011

OC Transpo will release bus-location data to the public after all, says one transit commissioner.

The transit agency sparked outrage Jan. 18 when management backtracked on an open data promise and said the city could earn \$1.1 million over the next four years in ad revenue and control the quality of bus locator apps by keeping the data secret.

Beacon Hill-Cyrville Coun. Tim Tierney, a commissioner who is also chairman of the information technology subcommittee, said a productive OC Transpo IT working group meeting on Tuesday led to the change of heart.

Members of the group and the commission are on board to approve a report directing strict

timelines for when the bus-location data should be released, Tierney said. The working group plans to introduce the report at a special transit commission meeting Thursday, which was scheduled to deal with OC Transpo's delayed business plan.

"I think we have to be able to provide the open data," Tierney said. "That's a commitment that we made, and (the report) is going to address that. By March 22, that commitment will be fulfilled."

Tierney said he was "extremely upset" commission chairwoman Diane Deans and OC Transpo general manager Alain Mercier told the transit commission on Jan. 18 the data should be kept private.

LAURA MUELLER/TORSTAR NEWS SERVICE

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Search continues for man



► Greg Etue

Ottawa police are seeking the public's help in locating Greg Etue, the husband of CTV Ottawa anchor Carol Ann Mehan, who has been missing since Jan. 16.

Etue, 56, of Ottawa, was last seen wearing a grey jacket, a baseball hat, and winter boots.

Etue is described as white, five-foot-nine, thin build, short grey hair, and blue eyes.

Anyone with information is asked to contact the Ottawa Police Service Missing Persons Section at 613-236-1222, ext. 2355 or Crime Stoppers at 613-232-8477 (TIPS) or toll free at 1-800-222-8477. ● METRO

All-Star festivities start today

Timbits hockey players will skate along the Rideau Canal Thursday escorting 19 NHL trophies — including the Stanley Cup and the Hart Memorial Trophy — to kick off the All-Star Weekend festivities. ● JOE LOFARO



► Attawapiskat First Nation Chief Theresa Spence speaks at the Economic Club of Canada in Ottawa on Wednesday.

Dire warning given by First Nation chief

- Canada headed for chaos on reserves, chief tells Economic Club
- Crown aboriginal meeting accomplished little: Chief



JESSICA SMITH
@METRONEWS.CA

Chief of Attawapiskat First Nation Theresa Spence told a small audience in Ottawa Wednesday the poverty on her reserve will turn into "chaos" if it doesn't start to get better soon.

"If there is no improvement, there will, one day, be chaos in these remote First Nations, leading to loss of life.

"I see traces of it happening now. It is going to result in the total embarrassment of our country," Spence said in a speech to the Economic Club of Canada at the Lord Elgin Hotel.

However, she said embarrassing Canada wasn't what she set out to do when she declared a state of emergency last September, when approaching cold weather threatened people living without adequate housing — and which gained national and international attention.

"It was not my intention to cause embarrassment of Canada or to politicians of any party, and I did not intend this kind of exposure, I really wanted to help," Spence said, to applause.

In response, the federal government accused the

band of mismanaging their finances and sent in a third party manager to take over financial control — who the band council kicked out of the community.

He now works in Manitoba, and administers the band's funds and the community's social assistance, "without knowledge of the community, the people and the issues," Spence said.

"We believe that third party management is meant to take control, silence and punish my community and to (serve) as a warning to other First Nations," she said.

Spence believes solu-

tions begin with her nation's natural resources — which include a diamond mine operated by De Beers.

It should provide the band money though a federal resource-sharing program, which would provide, not a "handout," but a financial base for economic development on the reserve, she said.

De Beers and Attawapiskat have an impact-benefit agreement, she said.

Spence refused to say how much the band receives from the mining company, only saying that it is not enough.

1

news



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Another cellphone interrupts another classical performance, but this violist handles it like a pro. Watch at metronews.ca/video



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State of the address showdown

▶ Ottawa mayor, U.S. president give it their all

Ottawa Mayor Jim Watson delivered his State of the City address Tuesday, the morning after U.S. President Barack Obama gave his State of the Union address in Washington.

Obama spoke to a divided house and senate and urged politicians to work together despite political differences, using the U.S. armed forces as a shining example of what being united can accomplish.

On the other hand, Watson presides over a council that often votes in unison. He began his speech by saying they have set a new harmonious tone around the council table.

Let's look at some other differences between the two:



▶ Jim Watson is seen in a file photo.

48.7

Approx. \$80 million CAD

9,280, all his own

10,177

On how two special guests could not attend the speech because their tavern was expecting a beer delivery:

"I know in the list of priorities, beer is ahead of Jim Watson."

WATSON VS. OBAMA

Vote percentage
in last election

Debt

Tweets

Twitter followers

Best laugh line/
groaner



▶ Barack Obama delivers his address on Tuesday.

52.9

Approx. \$15 trillion US

2,656, primarily by staffers

12,145,532

On how his government eliminated a red-tape regulation that required farmers to pay to train to clean up milk spills as if they were oil spills:

"With a rule like that, I guess it was worth crying over spilled milk."

Convict allegedly attacked by fellow terrorist

Prison authorities should have acted earlier to protect a convicted terrorist who was scalded in an attack he alleges came from a fellow inmate jailed for plotting to wreak havoc on Canada, the victim's father said Wednesday.

Mahboob Khawaja said

his son Momin complained last year that one of the Toronto 18 terrorists was threatening him at the maximum security facility in Sainte-Anne-des-Plaines near Montreal. As a result of his complaints, Momin Khawaja was moved to a different area for more than

a month before being returned to the range where he was attacked.

Momin Khawaja, an Ottawa software developer, was convicted of five terrorism charges in 2008 and, after an appeal, sentenced to life without parole for 10 years. **THE CANADIAN PRESS**

'Making our city truly extraordinary'



▶ Tyronne Henry, left, Raphaëlle Ferland and Jeannine Legault are honoured by Mayor Jim Watson in his State of the City address at city hall Wednesday.

Honourees

- ▶ 18-year-old Tyronne Henry, who was paralyzed last year, and now participates in marathons and the Rick Hansen relay.
- ▶ Jeannine Legault, who has volunteered in the francophone community for 60 years.
- ▶ Tobais Lutke and Harley Finklestein, who founded Shopify, which employs 100 people.
- ▶ Sam, Simon and Billy Saykaley, who own the Carleton Tavern and host and annual Christmas dinner for 800 people.

Ottawa Mayor Jim Watson didn't announce any surprising new policies in his State of the City address Wednesday, but he did take the time to draw attention to a number of remarkable Ottawans.

"Through their everyday gestures and generosity, they contribute to making our city truly extraordinary," said Watson.

Raphaëlle Ferland, 22, was homeless as a teenager, but after help from the city's Youth Services Bureau is now in her second

year of civil law at the University of Ottawa.

Now, she gives back to the community and speaks out about poverty and homelessness, Watson said.

Ferland said she tries to dispel myths about youth homelessness. For example, the money a passersby gave her really went to buy food, not drugs, and she really wanted to get a job, but couldn't find anyone who would hire someone who didn't have access to a shower or

clean clothes.

"Most people get brought down by it, but I'm there to say you've got to keep trying, even though everything's against you, you've got to keep trying," Ferland said.

● JESSICA SMITH

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Cigarette may be cause of fire: Officials

▶ Three-alarm blaze in garage of rowhouse causes \$300,000 damage
▶ Man treated for smoke inhalation



JOE LOFARO
@METRONEWS.CA

Firefighters suspect a discarded cigarette may have caused a three-alarm blaze inside the garage of a rowhouse unit in Orleans Wednesday morning.

Ottawa Fire Services received the call at 6:17 a.m. Heavy flames were coming from the garage at 146 Parkrose Pvt. when firefighters arrived.

Paramedics treated the tenant's 25-year-old son on scene for smoke inhalation — an injury the young man received while trying to put out the fire.

He is in serious but stable condition in hospital. Fire Services spokesper-

son Marc Messier said the son discovered the fire in the garage and quickly went inside to wake up another occupant. The two escaped safely.

Messier said the boy's father was out running an errand at the time of the fire.

The fire was contained mostly to the unit of origin, Messier said, but fire crews had to open up the walls in the adjoining unit at 144 Parkrose Pvt. to ensure flames had not spread.

Damages are estimated at \$200,000 for the building and \$100,000 for its contents.

The fire is still under investigation, according to fire officials.

▶ Firefighters enter an adjoining unit of a rowhouse after a fire caused \$300,000 in damages to 146 Parkrose Pvt. in Orleans on Wednesday morning.



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School board charged in shop-class death



JOE LOFARO
@METRONEWS.CA

The Ministry of Labour charged the Ottawa Catholic District School Board Wednesday in relation to a shop class explosion that killed a Mother Teresa Catholic High School student on May 26.

Eric Leighton, 18, was working on an empty peppermint-oil drum when the oil residue inside exploded.

Students said he was cut-

ting the drum open to make a part for a barbecue he was building as a school project.

Charges were laid under the Occupational Health and Safety Act for failing to: provide information, instruction and supervision to a worker; take every precaution reasonable in the circumstances for the protection of a worker; and acquaint a worker or a person in authority over a worker



▶ Eric Leighton

CONTRIBUTED

The first court appearance on the charges is scheduled for Feb. 23 at 1:30 p.m. at the Ontario Court of Justice at Centrepointe.

The school board also faces a charge laid July 17 by the Ottawa Fire Services for welding or cutting operations undertaken in a completely closed container.

A preliminary hearing for that charge is expected to take place in the summer.

That charge could lead to a maximum fine of \$100,000.

.....
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with any hazard in the work and in the handling, storage, use, disposal and transport of any article, device, equipment or a biological, chemical or physical agent.

**Get your drink
on longer
at the Junos?**

Juno Awards revellers may not have to go to Gatineau to drink late into the night if the Alcohol and Gaming Commission of Ontario agrees to the city's request

to extend alcohol service hours until 3 a.m. on March 30, 31 and April 1.

City council declared the Juno Weekend in Ottawa an event of municipal significance Wednesday and passed a resolution to apply to the province to extend the drinking hours over the weekend. ● JESSICA SMITH

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Son 'stupid' but not killer: Lawyer

FRANK GUNN/THE CANADIAN PRESS

▶ Defence pleads with jury to end Shafia family's 'Kafkaesque' ordeal

A young man accused of killing his three sisters and the first of his father's two wives is only guilty of being "stupid" and "morally blameworthy," but neither he nor his co-accused parents deserve to be in this "Kafkaesque" scenario, court heard Wednesday.

Hamed Shafia, 21, and his parents Mohammad Shafia, 58, and Tooba Yahya, 42, are on trial for four counts each of first-degree murder, accused by the Crown of killing their four female relatives in a so-called honour killing. They have pleaded not guilty.

Four months after the family's July 22, 2009, arrests, Hamed told a university student hired on the sly by Shafia as a private investigator that he was there when the car went in the canal. He said he had followed them from the motel as a concerned brother.

He rear-ended them near the scene, he said, and while he was picking up pieces of headlight he heard a splash and ran to

Crime scene

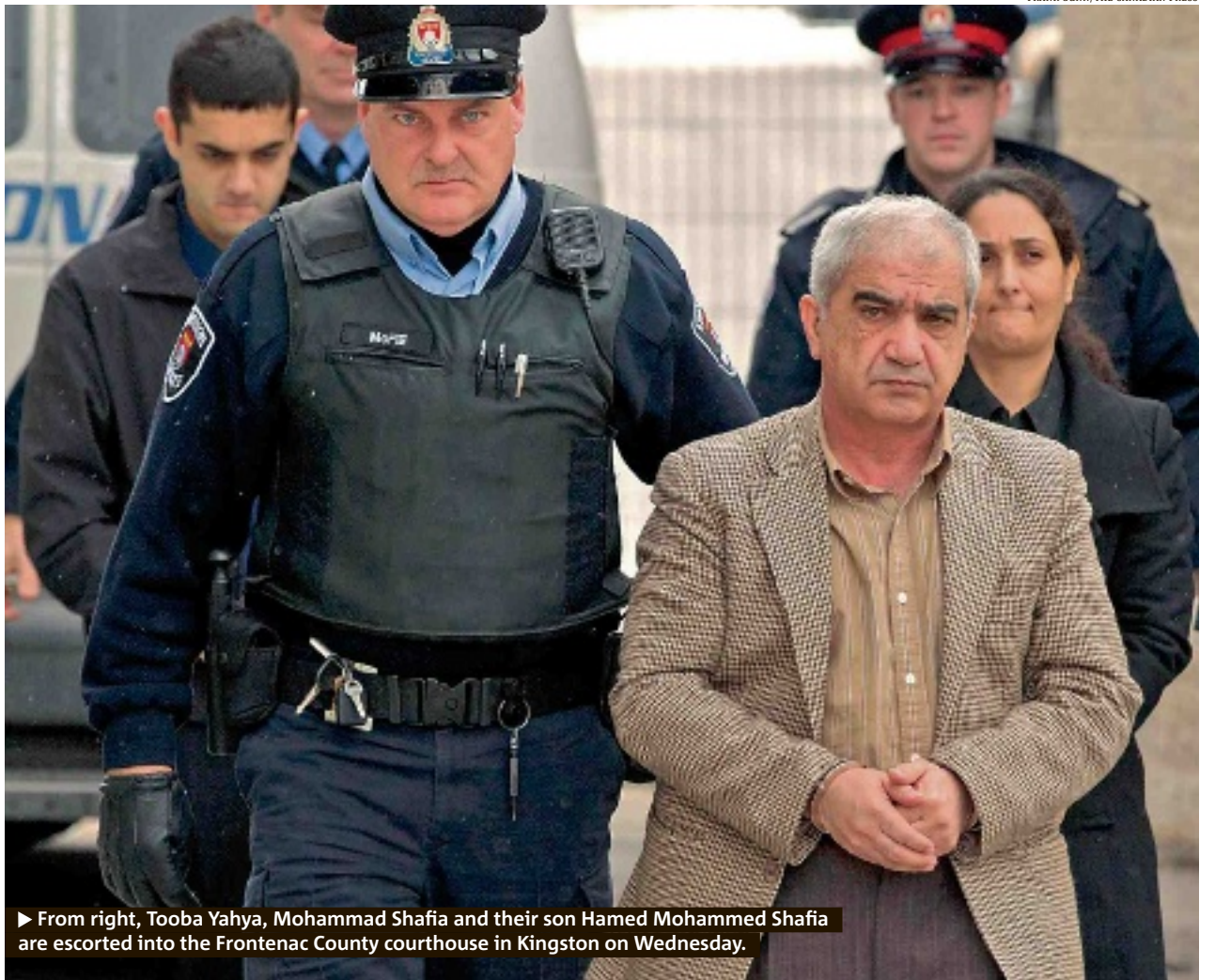
▶ The Crown alleges the girls and their mother were dead, or at least incapacitated, before they went into the canal. It's been suggested by the defence that the Crown theory is the four people were drowned in one of the other areas of open water around the scene, then placed in the car.

▶ Hamed Shafia's lawyer Patrick McCann, as well as the lawyers for his parents who addressed the jury Tuesday, scoffed at that notion. "How would it be done?" McCann said. "Just the practicality of doing it, it's implausible."

the edge of the canal.

He called their names and dangled a rope in the water, but seeing no signs of life he eventually drove through the night home to Montreal without alerting police, he said.

THE CANADIAN PRESS



▶ From right, Tooba Yahya, Mohammad Shafia and their son Hamed Mohammed Shafia are escorted into the Frontenac County courthouse in Kingston on Wednesday.

Cat in the cockpit delays flight by 4 hours

PHILIP CROUCHER
IN HALIFAX

Forget about snakes on a plane. A pesky feline left airport officials in Halifax scratching their heads Wednesday.

An Air Canada flight to Toronto from Halifax scheduled to depart at 5:30 a.m. was delayed for more than four hours after a cat escaped from its owner's carrier prior to takeoff, then made itself comfort-

able inside the cockpit by squeezing inside some panels near wiring.

"We'll see a movie come out of this one," joked Halifax Stanfield International Airport spokesman Peter Spurway.

With the cat refusing to come out, Spurway said the decision was made by Air Canada to stop boarding the flight and passengers on the plane had to go back into the waiting area. Main-



▶ Ripples, the cat who escaped from a crate onboard an Air Canada flight to Toronto from Halifax.

tenance workers then came on scene to remove panels and disassemble part of the cockpit before the cat was retrieved, unharmed.

"They (then) checked all the wiring where the cat had been to make sure there was no damage and (the wiring was) connected properly," Spurway said. "They then put the panels back on, put the passengers back on the plane and then they left at about 10 a.m."

"It's a first for me and I haven't run into anybody yet who has heard of this before."

HALIFAX STANFIELD
INTERNATIONAL AIRPORT
SPOKESMAN PETER SPURWAY

Spurway "presumed" the woman who had carried the cat onto the plane was back on it with her animal.

Online profiling a reality: Privacy czar

Ontario's privacy commissioner says people's perceptions of their privacy and anonymity online fall far short of reality.

Dr. Ann Cavoukian says

seemingly unrelated pieces of information that people share about themselves online may now be linked to gether to create a detailed profile. THE CANADIAN PRESS

Cocaine in fruit leads to charges

Six southern Ontario residents have been charged after drugs were found in fruit shipments in New Brunswick and Windsor,



Ont. The RCMP say the investigation started when border officials seized a marine container in Saint John, N.B., last August and found 19 kilograms of cocaine in hollowed-out pineapples.

THE CANADIAN PRESS

Budget to reflect aboriginal priorities

The coming budget will be consistent with the priorities agreed to by aboriginal leaders and the federal government, Aboriginal Affairs Minister John Duncan

said Wednesday.

A pledge was made during talks this week to move forward with recommendations on education reform. THE CANADIAN PRESS

Driver on rampage kills 9

► Man rams bus down crowded street in India ► Another 27 injured

A bus driver mowed down pedestrians and rammed cars, scooters and food stalls in a rampage through crowded Indian streets Wednesday that killed nine people and injured more than two dozen.

Police chased the bus for an hour through the streets of the central city of Pune, with traffic officers firing on it in an attempt to stop it, before they managed to arrest the 30-year-old driver. He is being held

on murder charges.

The licensed bus driver had driven his route as normal Tuesday, but on Wednesday he jumped into another driver's bus and took off, police said.

"He just went berserk,

slamming into people, cars, school buses, scooters and vegetable stands," Pune police Commissioner Meeran Borwankar said.

Police have ruled out terrorism as a possible motive. **THE ASSOCIATED PRESS**



► People look at damages after a bus was driven into vehicles and pedestrians in Pune, India, on Wednesday.

Pakistan PM softens remarks on generals

Pakistan's prime minister toned down his criticism of the country's powerful generals Wednesday, a sign of lessening tension between the civilian government and the army that some predicted could topple the nation's leaders.

The two sides have long been in conflict, but tempers flared in recent months over a secret memo allegedly sent by the government to Washington last year asking for help in stopping a supposed army coup after the U.S. operation to kill al-Qaida founder Osama bin Laden. The government has denied any connection to the letter.

3 The conflict raised fears of a military coup, something that has happened three times since Pakistan was founded in 1947.

The political crisis has come as the government is facing an array of challenges, including a struggling economy, rampant militant violence and troubled relations with its most important ally, the U.S.

Many analysts doubted a coup was imminent, but some speculated that the army was working with the Supreme Court to oust the government through constitutional means.

THE ASSOCIATED PRESS



► British Prime Minister David Cameron is urging EU leaders to make sweeping changes to the European Court of Human Rights.

British PM in new battle with EU leaders

Taking a sharp new swipe at European meddling in the work of national governments, British Prime Minister David Cameron chided the continent's human rights judges Wednesday — insisting they must curb their role.

Cameron made the

France-based European Court of Human Rights the latest target for his euroskeptic scorn, warning that judges had overstepped their powers by repeatedly overturning decisions made by domestic authorities.

Britain has frequently tussled with its European neighbours since Cameron took office in 2010 and insisted that national governments and courts must win back powers lost in recent decades to the continent's power bases.

THE ASSOCIATED PRESS

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► More than 5,000 protesters have been killed, and so have some 400 children, according to the United Nations ► A four-month-old was reportedly tortured to death ► When will the world take action?

TWITTER



Syrian regime

kills kids

and the world seems helpless



ELISABETH BRAW
METRO WORLD NEWS

Syrian security forces raided Amad's home several days ago and delivered a horrendous message.

Stop participating in anti-government protests or we'll take your baby, they told Amad's wife.

The threat was real. There are increasing reports of children being killed or tortured by President Bashar al-Assad's regime.

Since Syria's uprising began, more than 400 children have been killed, according to the United Nations.

This month, four-month-old Afaf Al-Sarakbi was taken by security forces. She was returned to her uncle — dead, bearing signs of torture.

In the city of Jisr al-Shughour, a seven-month-

Squeezing Syria

The international community is turning up the heat on Syrian President Bashar al-Assad.

- "We continue to see unacceptable levels of violence inside that country," U.S. President Barack Obama said on Jan. 17.
- King Abdullah of Jordan and the Arab League have

called on Assad to step down.

- Several Arab states have proposed sending Arab League soldiers to Syria.
- The Syrian regime, meanwhile, has seen several high-profile members defect. Imam Ghalioun, a member of parliament, has fled to Egypt, and General Mustafa Ahmed al-Sheikh has defected to the dissident Free Syrian Army.

old baby was decapitated in front of his mother.

And a two-year-old died after being shot in the eye by soldiers.

Anna Neistat, a Syria expert at Human Rights Watch, said, "Many children have been killed and many others have been put in detention. The number of children in jail is horrendous."

Musa, a pro-democracy activist and father of two

young sons, told Metro: "I went into hiding eight months ago and my wife and sons moved in with her parents. It's safer for them that way."

"How can anyone kill a child?" asked Amad, 31, who, like Musa, risked his life to speak with Metro.

Editor's note: The opposition activists' names have been changed for their protection.

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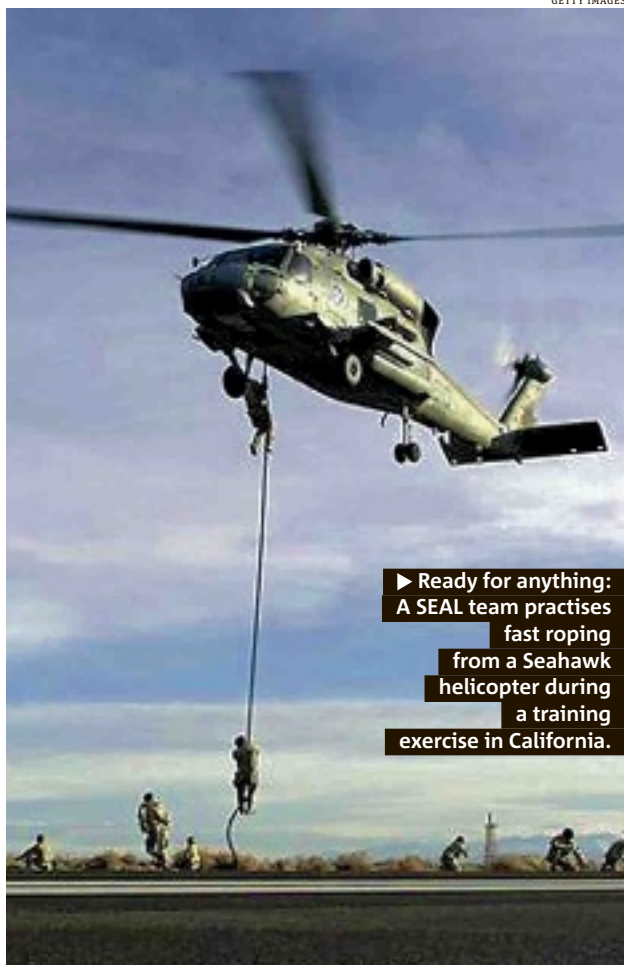
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► Ready for anything: A SEAL team practises fast roping from a Seahawk helicopter during a training exercise in California.

SEAL-ed!

► Same U.S. team that killed Osama Bin Laden rescues hostages in a daring raid into Somalia

They did it again!

The crack U.S. Navy SEAL team that killed Osama bin Laden parachuted into Somalia under the cover of darkness early Wednesday and scored another bold triumph.

They crept up to an outdoor camp where an American woman and Danish man were being held hostage.

Soon, nine kidnappers were dead — and both hostages were freed.

U.S. President Barack Obama authorized the mission by SEAL Team Six two days earlier. And minutes after he gave his State of the Union address to Congress, he was on the phone with the Ameri-

can's father to tell him his daughter was safe.

Held captive since last fall, American Jessica Buchanan, 32, and Poul Hagen Thisted, a 60-year-old Dane, were soon safely on their way home.

It was the second splashy SEAL Team Six success in less than a year, following last May's killing of bin Laden in Pakistan.



"The United States will not tolerate the abduction of our people and will spare no effort to secure the safety of our citizens and to bring their captors to justice."

U.S. PRESIDENT BARACK OBAMA

The Pentagon was tight-lipped about details Wednesday, citing a need to preserve the secrecy that can give SEALs an edge against terrorists, criminals and others they are ordered to kill or capture.

Special operations forces, trained for clandestine, small-team missions, have become a more

prominent tool in the military's kit since the Sept. 11, 2001, attacks. The Obama administration was expected to announce on Thursday it will invest even more heavily in them.

The raid happened near the town of Adado.

The U.S. raiders caught the kidnappers as they slept after having chewed the narcotic leaf qat for much of the evening, a pirate who gave his name as Bile Hussein told The Associated Press by phone.

Pentagon press secretary George Little said the captors were heavily armed and had "explosives nearby" when the rescuers arrived.

THE ASSOCIATED PRESS



► Freed: Thisted and Buchanan

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Google to merge users' data

► Company could use the information for targeted advertising ► Critics say the new plan violates privacy



ANTHONY JOHNSTON
@METRO.LU

METRO WORLD NEWS IN LONDON

Google's announcement to merge data on users across its websites into one profile has sparked a huge debate that the web giant could be breaching users' privacy.

Under plans to come in force on March 1, a person's search results across all Google products, including search, Gmail, Google+ and YouTube, will be collected into one single database, which the company could use for its targeted advertising. For example, if you watched a YouTube video clip of Manchester United,

ads of Man United tickets could appear in your Gmail or Google+ account.

But critics see this new policy as very worrying, suggesting for example a person's confidential details on health and lifestyle could be saved in Google's bank of data and used across its websites.

"There is no way anyone expected this," Jeffrey Chester, executive director of privacy advocacy group the Centre for Digital Democracy, told the Washington Post.

"There is no way a user can comprehend the implication of Google collecting across platforms for information about your health,

political opinions and financial concerns."

Google claims that the new privacy policy will give the company a better idea of what a user is interested to know when they search online.

"If you're signed into Google, we can do things like suggest search queries, or tailor your search results, based on the interests you've expressed," Alma Whitten, Google's director of privacy, product and engineering, wrote in a blog post.

"In short, we'll treat you as a single user across all our products, which will mean a simpler, more intuitive Google experience."

Facebook. Timeline



► Facebook CEO Mark Zuckerberg shows the website's new Timeline feature during the f/8 conference in San Francisco last September.

PAUL SAKUMA/THE ASSOCIATED PRESS

New profile just a matter of time

Facebook will switch all 800 million users to its new Timeline profile format over the next few weeks, the company announced in a blog post Tuesday. The rush to convert users to the new format began after the social network announced 60 new Timeline apps last week.

Canada's job market weakest in years: CIBC

Canada's job market is in bad shape and may be the worst it has been in decades, except for the peri-

ods when the economy was in recession.

CIBC's "employment quality index" says not only

has jobs growth stalled over the past half year, but the quality of new jobs is generally poor. **THE CANADIAN PRESS**

Rogers to respond to throttling complaints

ADRIAN WYLD/THE CANADIAN PRESS

Rogers Communications is studying tests by the CRTC that indicate it has been slowing some Internet traffic in violation of rules governing the practice.

However, Rogers spokesperson Patricia Trott said Wednesday the telecom company doesn't believe it has broken any rules.

"Our network engineers are looking at the test results from the CRTC," Trott said.

"Our only goal in network management is to deliver a good experience for customers and we believe we are in compliance with CRTC regulations."

The Canadian Gamers Organization had made the complaint to the CRTC.

"If it goes to a hearing, the CRTC could file an order with the courts to force Rogers to reimburse affected customers," Jason Koblovsky said in a recent

►The CRTC recently sent a letter to Rogers saying that preliminary test results indicated the company was breaking rules governing how Internet service providers can control traffic on their networks.



post on the Canadian Gamers Organization's website.

"This is a big win for not just Canadian Internet users but also for game developers, who have also been extremely frustrated with the use of throttling," said Koblovsky, the organization's co-founder.

Trott said Rogers will respond to the allegation by a Feb. 3 deadline set by the federal regulator.

THE CANADIAN PRESS

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AGREE TO DISAGREE WITH A HOCKEY HERO

HE SAYS ...

JOHN MAZEROLLE
METRO



As a Boston Bruins fan this might just be the Stanley Cup champagne talking, but it's possible I'm the only left-leaning person who's OK with goaltender Tim Thomas showing he also likes to play right wing.

In case you're exhibiting concussion-like symptoms and don't know what I'm talking about: The Boston Bruins were invited to the White House this week, but their MVP Thomas decided to stay away and have a Tea Party instead.

In a statement that showed he likes capitalization more than the Capitol, he said that the U.S. government had "grown out of control" and that he had made his decision "as an INDIVIDUAL."

The media's reaction? Well, you think the Gadhafis were harshly criticized ...

To be fair, Thomas' statement was vague, which left it open to interpretation. A reader might guess that he doesn't recognize the divine provenance of the Los Angeles Kings, believes it's his right to defend his crease with a gun, and thinks that Mario Lemieux is the best Freedom-Canadian player ever.

Here's what some media members actually said: He should turn in his U.S. medal from the Olympics. He hates the troops. And he may be a racist. All this while most were mocking his views as extreme.

The only people who seemed to support him were right-wingers who were happy to pile onto Obama.

It's an interesting thing to discover that one of your heroes is your political opposite. It's a bit like discovering that Stephen Hawking has a Confederate flag in his bedroom or Rowlf the Dog is a Scientologist. You admire them for reasons totally beyond what their politics are, and you're not sure how to process it when given the new information.

Fortunately for me, I'm a militant free-speech guy (and God knows I've got enough friends who are part of the flu-shots-kill-but-bin-Laden's-alive extreme left.)

I've got a good head start with cognitive dissonance, because I have two other heroes whom I disagree with on just about everything but who are good at what they do and live their lives with integrity. I call them "Mom" and "Dad."

So I don't care that Thomas took his stance and I would argue over a beer, rather than commiserate. In the sports realm, he's a thoughtful, polite and intelligent interview, and on the ice he's already proven he's one of the best players in the world.

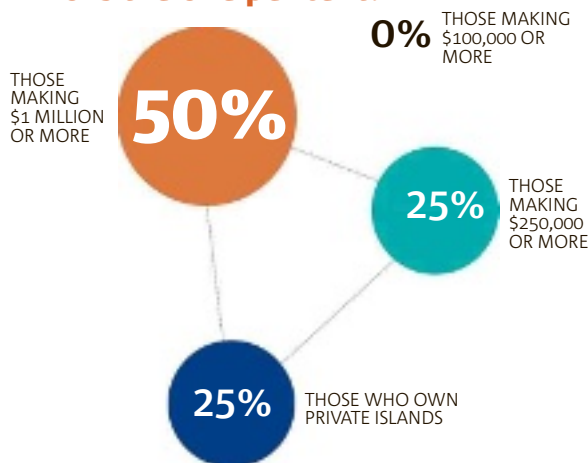
Thomas has done his bit for king and country. So to speak.

Read more of John Mazerolle's columns at metronews.ca/hesays



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Who is the one per cent?



Local tweets



► **@littlerandy:** RT @ErinBlaskie: Help! We need nanny re-

sources for #ottawa asap. We had to let our current nanny go so finding a new one is super important / urgent! Thanks!

► **@jenhughes74:** Weekend plans? Family Events in #Ottawa: January 25 to 31 | SweetMama | Sweetspot.ca#gallery_header <http://t.co/2MWUejrG> via @sweetspotdotca

► **@FastFoodDeliverd:** #Ottawa now you can order your #Food & have it Delivered from right here

<http://t.co/bDKcC2zR> It's so Easy! #Amazing BK Tims Even LATE!

► **@KellyandKerry:** Who wants to head down to city hall for a skate on the #ottcity Rink of Dreams? #ottawa #community #hockey

► **@AndreeLisePhoto:** RT @wedbyhand: Getting married in #ottawa?! Join us for @wedbyhand on Feb 11! Free workshops, tastings, swag bags & more! Deets:

<http://t.co/ojkwmoYay>

► **@MartinBerthelot:** #Slow-Shutter has been great! #Ottawa after dark. #winter #photography <http://t.co/xEeKrDOD>



GETTY IMAGES

One year since the revolution

CAIRO, EGYPT. Thousands of Egyptians flocked back to Tahrir Square to mark the first anniversary of the start of the revolution that ousted authoritarian leader Hosni Mubarak. But the mood in the square was far from just celebratory amid fear that violence could erupt between protesters and the military. ● **MWN**

Military still calling the shots

TENSIONS. Why has there been more frustration than celebration? Tensions have been simmering between pro-democracy activists and the military. December saw nine dead and hundreds injured after a crackdown on antimilitary protesters. The military council has pledged to transfer power to a civilian government by July 1. ● **MWN**

Egypt today

► **Islamists coming to fore:** Muslim Brotherhood's Freedom and Justice Party wins last week's lower-house election.

► **Ailing Mubarak in the dock:** Ex-leader's trial on corruption and ordering deaths of protesters continues.



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2

scene

Garth Brooks



An Oklahoma hospital in Garth Brooks' hometown must pay \$1 million to the country singer because it failed to build a women's health centre in honour of his late mother, jurors ruled Tuesday evening.

THE ASSOCIATED PRESS



'Graceland' revisited: Sundance doc traces success, fallout of Paul Simon's smash album



► Buck 65 returns to the Capital region for back-to-back shows at the Black Sheep Inn

65 ways to Buck the trend

► Musician and radio host determined to explore the deeper meaning of life's little events

BACKSTAGE PASS

JEN TRAPLIN
METRO OTTAWA



Rich Terfry, a.k.a. Buck 65, is a storyteller of many forms.

Not only is he the host of the CBC Radio 2 Drive show, he is also a critically acclaimed hip hop artist.

So it's no surprise that when reached by phone at his home in Toronto, Ter-

fry charmingly turns on his natural storytelling abilities, admitting that he's a bit upset about something that happened at breakfast this morning — he broke his favourite cereal bowl.

"It was the loudest I think I've heard my voice in a long time. I shouted an expletive," admits the self-confessed breakfast cereal enthusiast.

He calls it "the cereal bowl of my dreams" and says it was a wedding gift.

It may seem silly to get worked up over a bowl but, he says, in his life and

Details

Where can you watch the show?

► **The show:** Check out Buck 65 on Saturday and Sunday night at the Black Sheep Inn (753 Riverside Dr., Wakefield, QC) at 8:30 p.m. Tickets are \$20 through ticketweb.ca

lines of work, inspiration can come from anywhere.

"Sometimes you can learn something really profound from smashing a

bowl," he says.

"Whenever I have any kind of strong reaction in my life, positive or negative, there's always the time that follows where I need to understand why I reacted so strongly. I can be really analytical but I guess understanding myself and the way my mind works and, by extension, hoping to understand something about mankind, I guess it's just kind of what makes me tick."

It seems that a lot makes Terfry tick, mainly because he hates being

bored.

Aside from hosting his daily radio program, he's preparing for a Canada and U.S. concert tour and he says he's also spending many sleepless nights working on his first novel.

"If all goes well with this, maybe I can establish myself as a storyteller in a different kind of way," he says

As for the bowl, Terfry says he is keen on searching for the new cereal bowl of his dreams.

"The quest begins today," he says enthusiastically.

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Katherine's 'Plum' role

► Heigl gets tough playing bounty hunter Stephanie Plum in One for the Money

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN HOLLYWOOD

Playing Stephanie Plum — a lingerie saleswoman turned bounty hunter — in *One for the Money* has taught Katherine Heigl one thing: She likes to shoot stuff.

"I really enjoyed it because it was super-satisfying and cathartic on some level," she says of the gun-play she did for the film. "It was fun, I had a good time. I started wanting to go to the gun range regularly. And then I started shooting clay pigeons with [husband] Josh [Kelly]. I really like to shoot things. Who knew?"

Not that firearms are necessarily new to her, but the work on this film added a new level of reality to it for the former Grey's Anatomy star.

"I mean, I've been wielding guns in films since I was 15 but they're fake and there's no actual bullet in them — we hope," she says.

"So they took us to a shooting range to practice, because there are certain things you're not supposed to do — like blink when you shoot, but it's impossi-



► Katherine Heigl says *One for the Money* will appeal to men and women. "It's not all just about romance, it's not all just about comedy," she says.

ble not to blink, it's really hard — and it was really intimidating and nerve-racking the first time they put a loaded gun in your hand. Plus they've just given you a 20-minute spiel about all the dangers of this gun, so you're sort of freaking out."

But clearly she got over that.

All that shooting is

aimed at attracting a more diverse audience than your usual romantic comedy fare — especially since the movie is based on one of 17 books in the Stephanie Plum series by author Janet Evanovich.

Clearly there are hopes for a franchise.

"I think what's sort of interesting about the books is they all have a

murder-mystery tie-in, with the bounty hunting aspect of it. So it's not all just about romance, it's not all just about comedy," Heigl says.

"The murder-mystery storyline is kind of dark and a little edgy and gives it a vibe that is not purely chick-flick-ish.

"I'm really excited about it because it does ap-

peal to everyone, it isn't just a girl's movie. I think that we're working hard to advertise it so that everyone knows that it's a good time for everyone — men and women included. Tough men. Tough men will love this movie," she adds with a laugh.

Guns and tough guys aside, in the end, the one detail that Heigl and her co-producers agonized over the most was her hair.

"She's brunette. Her look is very specific in the book, and once you get attached to that idea in your head I couldn't imagine Stephanie any other way," Heigl says.

"It was disconcerting, I think, for certain fans to see me as a brunette, and then it was disconcerting for fans of the books to imagine me as Stephanie because I'm blonde.

"So I dyed it brown before we started filming, trying to get people on board. And then I ended up just wearing a wig because I don't have curly hair and Stephanie does. And then I went back to blonde while promoting the movie, so I didn't really think it through, but hopefully people will buy it."

Debbie Reynolds puts things in perspective

In *One for the Money*, Katherine Heigl got the chance to work with screen and stage legend Debbie Reynolds, who pops up as her sass-talking grandmother. Heigl says it gave her a chance to put her long work hours into perspective.

"I was sort of complaining one day about the hours — as I'm known to do — and Gary, our producer, said, 'Oh, you ought to hear Debbie's stories about her hours on *Singing in the Rain*,'" Heigl remembers.

"It was so horrifying what that woman went through to make that movie. I think she said they were working something like 20 hours a day, and she would just get a few hours of sleep on the sofa in her dressing room and then go back to work a few hours later. I thought she was exaggerating and it was sort of one of those 'When I was your age I walked to school in bare feet in 10 feet of snow.' This can't be true. And then she told me how she had to dance with bleeding feet at one point, and Gene Kelly was like, 'I guess we should stop, Debbie's feet are bleeding all over the scene.' So then I stopped complaining about my hours."

► NED EHRBAR

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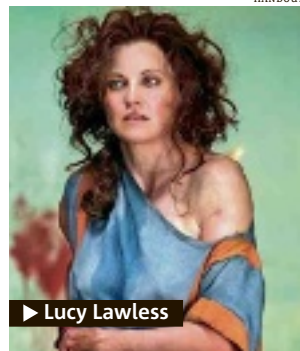
► Spartacus returns with more blood, sex and action
► But all that taboo stuff is just part of the time period

STEVE GOW
SCENE@METRONEWS.CA

Spartacus fans are gearing up for the show's return to television and with it, all the controversial blood, sex and action that has made the series so provocatively popular.

"For some reason these things are still really taboo in our society," said returning star Lucy Lawless (also known for her former hit series *Xena: Warrior Princess*). "(It gives) a curiosity factor to us which I don't mind."

Producers have insisted

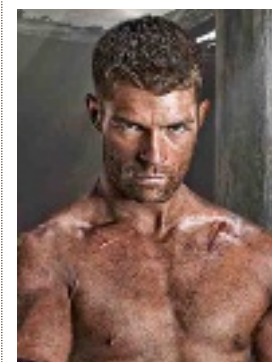


► Lucy Lawless

and that historical detail intrigues viewers. "We try and keep things really real because we're doing outrageous stuff," said Lawless.

It's not just the carnality of *Spartacus: Vengeance* that will have viewers curiously tuned to the show's premiere this Sunday on The Movie Network however.

After original lead actor Andy Whitfield sadly developed cancer, he gave the producers permission to give the role of Spartacus to newcomer Liam McIntyre after auditioning thousands of actors.



Lawless on

Liam McIntyre

► "He was so emaciated from doing another role but they kept seeing people and came back to him in the end so he really had to have a lot of heart, he's got the heart of a lion that boy."



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Did Demi suffer seizure?

► Embattled star enters rehab ► Report claims she's being treated for anorexia

THE WORD

DOROTHY ROBINSON
SCENE@METRONews.CA



Demi Moore has entered rehab after being rushed to the hospital Monday night for an alleged prescription pill overdose, according to TMZ.

Despite a frantic 911 call and an ambulance dispatched to Moore's home, the actress' reps insist Moore's trip to rehab is for "exhaustion" and nothing more.

"Because of the stresses in her life right now, Demi has chosen to seek professional assistance to treat her exhaustion and improve her overall health," her reps say in a statement.

"She looks forward to getting well and is grateful for the support of her family and friends."

Radar Online reports that actually, Moore had a seizure before she was rushed to the hospital and is now being treated "for anorexia, as well as other issues," a source told the site.

Meanwhile, on the same night she had her breakdown, her estranged husband, Ashton Kutcher, was seen partying with a bevy of beauties at a Bruno Mars concert in Brazil.

It's interesting, isn't it? We spend a lot of time (and editorial space) idolizing these celebrities. We're green-eyed about their wealth, beauty and success.

But whoa — when they crash, they really, really crash. We might not be as thin or as rich, but we normals seem to be able to handle life's problems with a bit more ease.

And really, Demi. Don't let someone as dumb as Ashton Kutcher bring you down. You can — and will — do better.



► Demi Moore

ALL PHOTOS GETTY IMAGES

Celebrity tweets



For my 2000th tweet, I give you my favourite ever quote from a "fan" "I used to love Ricky Gervais, but he ruined Extras for me" Amazing.



@rickygervais

I'm addicted to kale!! wash, break into small pieces, sprinkle a little salt and roast, it's so good and amazing for u!!!

@victoriabeckham



@Joan_Rivers

Cooper's 10 year-old friend Russell tries to do stand-up comedy so I do what any loving, supportive Grandma would do: I heckle the kid.



@denisleary

Man marries dead girlfriend. I give it 3 weeks before she says "you seem so distant."

Valentine's day wedding bells?

Britney Spears and fiancé Jason Trawick are reportedly planning to get married on Valentine's Day in Maui, according to Hollyscoop.

And just in time for her to tie the knot, Spears' dad is reportedly ready to end his conservatorship, which leaves him in control of decisions affecting her personal and professional life.

"Jamie wants to go to court in early February so Britney will be a free woman in every sense when she marries," a source says, though some predict that the conservatorship will remain in effect for her business affairs.

● METRO



Britney Spears



► Seal and Heidi

Behind Heidi Klum's decision

Heidi Klum's decision to separate from husband Seal was apparently motivated by wanting to escape his "diva" behavior, according to Hollywood Life.

"Heidi's first priority has always been her marriage, but she felt like Seal wasn't meeting her halfway," a source says.

"She had to take drastic measures to show Seal she wouldn't put up with his behaviour anymore. Raising happy and healthy kids is now her No. 1 priority."

The source adds that

divorce might not actually be inevitable at this point.

"I could see Heidi threatening Seal with a divorce because he thought she would never do such a thing," the source says.

"This may push Seal to finally get the help he needs to deal with his temper in a more constructive manner."

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► California rockers Young the Giant remain humble as they follow up their debut album with headlining tour



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The last year has been a crazy one for California rockers Young the Giant.

Not only did they release their massive debut, eponymous album, Young the Giant, but they also performed at the MTV Video Music Awards, toured with Incubus and even had their music fea-

tured on American Idol.

"It's overwhelming," says Sameer Gadhia, frontman of Young the Giant. "Going into this headlining run is going to be ridiculous for us."

The band's upcoming tour is much bigger than its last. The venues have all been upgraded and most of the shows are already sold out.

Still, the guys in Young

Showtime

► Young the Giant returns to Ottawa March 2, with special guests Walk the Moon, at 7 p.m. at the Bronson

the Giant remain humble and almost a bit shocked by the way things are working out.

"We weren't really quite sure how it was all

Centre Theatre (211 Bronson Ave.). It's an all-ages show. Advance tickets are sold out. Follow @spectra-sonic on Twitter for info on door tickets.

going to pan out, but people are buying the tickets and we're really grateful for that," says a relieved Gadhia.

This tour is just the

start of what is bound to be another massive year for Young the Giant.

Currently, band members are living together in secluded quarters, working on a follow-up album to Young the Giant with their eyes set firmly on the road ahead.

"There's most definitely a lot more that we want to do," admits the frontman, alluding to the possibility

of future collaborations with fellow California buzz bands Fitz & the Tantrums and Grouplove.

They are also open to any other possibilities the future may hold.

"I don't ever want to be idle," says Gadhia.

"I think we want to just keep going as far as things can push us and, hopefully, we'll learn a lot from the process."

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A string of exciting shows

► New dramas, comedies and a puppet show highlight theatre choices



STEVE COLLINS
OTTAWA@METRONEWS.CA

Ottawa theatregoers have much to look forward to in coming weeks as the curtain rises on a new host of dramas, comedies, and even the odd puppet show.

The National Arts Centre's English Theatre Company begins at the very beginning with *Creation* (Jan. 30-Feb. 20), a slightly warped retelling of the Old Testament by Peter Anderson.

From March 14 to April 1, the Ronnie Burkett Theatre of Marionettes performs the adults-only puppet feature *Penny Plain*, complete with talking dogs, a cross-dressing banker and a serial killer. Tickets can be picked up in person at the NAC box office, by phone at 888-991-2787 or on online at ticketmaster.ca.

At the Great Canadian Theatre Company (1233 Wellington St. W.), *Live From the Belly of a Whale* (Feb. 7-14) explores the creation and destruction of childhood fantasy worlds. Created and performed by Nicolas Di Gaetano and Emily Pearlman, the play won awards at the Ottawa Fringe Festival in 2010 and 2011.



► A scene from *Penny Plain*, showing at the NAC March 14 to April 1.

Also coming soon at GCTC, *Blue Box* (Feb. 7-12), *And Then It Happens* (Feb. 8-18), *Falling Open* (Feb. 10-19), *Highway 63: The Fort Mac Show* (Feb. 11-18), *WeeTube 5400* (Feb. 14-19) and *East of Berlin* (March 21-April 8). For tickets, go to gctc.ca or call 613-236-5196.

At the Gladstone (910 Gladstone Ave.), *Richard Gélinas* stars as *Cyrano de Bergerac* (Feb. 1-18) in a fresh translation by direc-

tor David Whitely of the original 1897 play.

Also at the Gladstone, from Feb. 22 to March 20, '33 (*A Kabarett*), written and performed by Bremner Duthie, recreates the final night in a Berlin cabaret destroyed by the Nazis in 1933. Get tickets online at thegladstone.ca or call 613-233-4523.

Huckle Cat, *Lowly Worm*, *Sergeant Murphy* and many more of children's author Richard

Scarry's creations come alive at the Shenkman Arts Centre in *Richard Scarry's Busytown: Busytown Busy* (Feb. 26).

Rag and Bone Puppet Theatre are also busy at Shenkman this winter, with productions of *The Flying Canoe* (Feb. 5, 19 and 20) and William Shakespeare's *The Tempest* (March 4 and 18). Tickets are available online at shenkmanarts.ca or by phone at 613-580-2700.

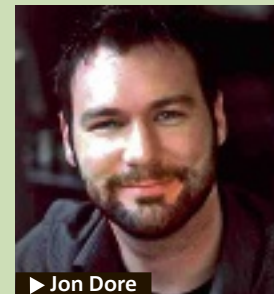
Time to laugh the winter blues away

Want to laugh to keep from crying during Ottawa's cold, dark winter nights? Plenty of professional help is coming your way. Some upcoming comedy highlights:

Opening arguments begin Feb. 7 at 7 p.m. for CBC's popular radio and TV show *The Debaters* at CentrepoinTE Theatre. Host Steve Patterson presides over the evening, which is described as part quiz show, part stand-up and part comedy competition, with debate winners determined by the audience. This episode of *The Debaters* will be taped for radio broadcast. (Point of order: Tickets are sold out.)

Yuk Yuk's (292 Elgin St.) presents homegrown comic Jon Dore (*The Jon Dore Television Show*) Feb. 10 and 11. The shows are a homecoming for Dore, who began his career here at *Yuk Yuk's* and Rogers TV. Peter Grunstra and Jason Harper also appear on the bill. For tickets call 613-236-5233 (LAFF).

Also headlining *Yuk Yuk's* this month: Rub Pue (Jan. 26-28); Howie Miller (Feb. 2-4); Aaron Berg (Feb. 16-18); and Paul Myrehaug (Feb. 23-25). *Yuk Yuk's* @ the Prescott (379 Preston St.)



► Jon Dore

presents Shannon Laverly (Jan. 27-28), Darryl Lennox (Feb. 3-4), Scott Faulconbridge (Feb. 10-11), Derek Seguin (Feb. 17-18) and Martha Chaves (Feb. 24-25).

At *Absolute Comedy* (412 Preston St.), catch headliners Jason Blanchard (Jan. 24-29), Jon Fisch (Jan. 31-Feb. 5), Jim Colliton (Feb. 7-12), Andy Pitz (Feb. 14-19), Nathan Macintosh (Feb. 21-26), Mike Patterson (Feb. 28-March 4), Evan Carter (March 6-11), Steven Levine (March 13-18), David Acer (March 20-25) and Larry XL (March 27-April 3).

On March 10, Scottish comedian Danny Bhoys' coast-to-coast *Wanderlust* Canadian tour brings him to the National Arts Centre's Southam Hall. Tickets start at \$38. To order, visit or call the NAC box office or buy them online through Ticketmaster.ca.

● STEVE COLLINS

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photo: Chris Parker

Get in the groove with dance scene



Ottawa's dance scene never stops moving. The Royal Winnipeg Ballet steps up with Svengali Jan. 26-28 at the National Arts Centre. Based on a Guy Maddin treatment of George du Maurier's novel Trilby, Svengali features Harrison James, Amanda Green and an eclectic score with music from Rachmaninov, Philip Glass and the Flying Bulgar Klezmer Band.

Next onstage at the NAC is the Akram Khan Company's contemporary dance production, Vertical Road, Feb. 2-4. Featuring music by Nitin Sawhney and a cast of performers from across Asia, Europe and the Middle East, Vertical Road explores human spirituality, drawing from Sufi tradition and the writings of Persian poet and philosopher Rumi.



► The Akram Khan Company's production of Vertical Road will make an appearance at the National Arts Centre Feb. 2-4.

The NAC's winter dance season is just getting warmed up and continues with the Dance Works Rotterdam/Andre Gingras production Anatomica (Feb. 15), Tango Pasión (Feb. 20), Joffrey Ballet: Mixed Repertoire (March 3) and Person-

ae from Compagnie Flak (March 8). For tickets to all NAC productions, visit the box office, call 888-991-2787 or order online at Ticketmaster.ca.

A cast of more than 70 dancers, singers, magicians, acrobats and more

bring the history of ancient China to life in music, dance and pure visual spectacle for this year's China Carnival Spring Gala, Feb. 6 at Centrepointe Theatre. Proceeds from this Canada-China Cultural Development As-

sociation production go to the Heart and Stroke Foundation.

Also at Centrepointe, catch the 2012 Chance 2 Dance Gala (Feb. 25), a wide-ranging mix of professional and community dancers across many gen-

res. Headliners for this year's fundraiser include Tara-Jean Popowich, Jordan Clark and Janick Arseneault (So You Think You Can Dance Canada), dancers from the Quinte Ballet and 8 Count Crew.

For tickets, go to centrepointetheatre.com.

Scrap Arts Music, featuring five drummers, some surprising drum materials and explosive choreography, brings its unique show to Centrepointe March 21, while east-end audiences can catch the rhythm a little closer to home March 20 at the Shenkman Arts Centre.

Also playing at Shenkman March 31: Les billes, by Tara Luz Danse. Choreographed by Anik Bouvrette and based on children's games, Les Billes incorporates illuminated marbles, hoops and balls. Visit shenkmanarts.ca for tickets.

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Local gallery offerings

Coming soon to a gallery wall near you:

From Feb. 3 to March 25, the National Gallery of Canada goes Back to the Land, with an exhibit of landscape photos from the Canadian Museum of Contemporary Photography. Based on concepts of land as cultural expression, as history and as formal expression, Back to the Land includes works by Canadians Isabelle Hayeur, Ivan Binet, Geneviève Cadieux, Normand Rajotte, Christos Dikeakos, Bill Vazan, Arni Haraldsson, Robert Burley, and Shelley Niro.

Starting Feb. 9, until the end of March, National Gallery visitors can be among the first in Canada to see The Clock, a video installation by Christian Marclay. By assembling thousands of film clips taken from throughout the history of cinema, which display time and timepieces, Marclay has created a 24-hour video loop that plays in real time. You can drop in and see part of the film anytime during regular gallery hours, or for the truly tireless, full 24-hour screenings of The Clock



► Ivan Binet's The Storm at Saint-Féréol, from Back to the Land, which opens Feb. 3 at the National Gallery of Canada.

are scheduled for Feb. 9, 10, 16-19, and each Thursday in March.

Cube Gallery (1285 Wellington St. W.) presents CANDELA 2012 (Jan. 31-Feb. 5), the fifth annual exhibit by artists exploring electric light as a medium, followed by Nature Morte (Feb. 7-March 4), a collection of still life works by local artists Katherine McNeenly, Andrzej Maciejewski and John F. Marok. Bloom, multimedia photo artist Karina Kraenzle's solo show at Cube, runs March 6 to April 1.

After 8, a solo show by Ottawa artist Andrew King, runs Feb. 4-25 at Wall Space Gallery (358

Richmond Rd.). The exhibition stems from a retro road trip King made to New York from Ottawa in a vintage car, visiting roadside motels and diners left over from the era of mid-20th century highway travel.

Explore the morbid at the Canadian Museum of Nature with Unrequited Death (March 22 to Sept. 3), an exhibition of works by St. John's painter Helen Gregory revealing her fascination with dead things. In her curatorial essay, Lisa Moore writes that Gregory's works form a "potent cocktail of the sinister and the fanciful."

● STEVE COLLINS



► Ottawa folk rock sensation Kathleen Edwards sings with Bryan Adams at the 2009 Juno Awards. Edwards will play the Bronson Centre Theatre Feb. 9.

Popular artists touring the Capital with live shows



The abundance of upcoming musical entertainment in the Capital is about to heat up.

Over the next couple months, Ottawa music fans will be treated to a huge selection of live music covering a variety of musical genres.

Get your indie rock fix Feb. 18 at Ritual Nightclub (137 Besseler St.) with local favourites Amos the Transparent. It's the official album release for *Good Night My Dear, I'm Falling Apart*. Not only will you be treated to a performance by Amos the Transparent, but Ottawa's own Fire and Neon and Julia Dales are also playing, as is Halifax-based Ben Caplan & the Casual Smokers.

On March 8, also at Ritual, catch Montreal indie rockers and former Juno nominees for alternative album of the year Plants and Animals along with Thus:Owls.

Tickets for both of these shows are available through ticketweb.ca, Vertigo Records (193 Rideau St.) and the Record Shaap (209 Gilmour St.).

In the midst of a Canadian tour, Vancouver rockers Theory of a Deadman will make a stop in Ottawa Feb. 7 for a show at the Bronson Centre Theatre (211 Bronson Ave.). Tickets are just \$34.50 through TicketMaster.

Doors open at 7 p.m.



► Theory of a Deadman will make a stop in Ottawa Feb. 7 for a show at the Bronson Centre Theatre.



► Zac Hanson, Taylor Hanson, and Isaac Hanson of the band Hanson will play the Bronson Centre Theatre Feb. 8.

and this is an all-ages show.

Punk rock fans should be sure to check out The Queers with The Ataris, Far From Finished and more at Mavericks (221 Rideau St.) on Feb. 16. Tickets are \$15 through ticketweb.ca, Vertigo Records and the Record Shaap. Doors open at 8 p.m. and music starts shortly after.

If pop rock is more your thing, don't miss '90s teen sensations Hanson (yes, that Hanson), all grown up and performing at the

Bronson Centre Theatre on Feb. 8, along with B.C. folk/pop singing sensation Carly Rae Jepsen. Tickets are \$37.50 through TicketMaster. Doors open at 7 p.m.

And Ottawa's own folk rock sensation Kathleen Edwards returns home for a show at the Bronson Centre Theatre Feb. 9 at 7 p.m. Vancouver indie-rocker Hannah Georgas will open the stage.

Tickets are \$32.50 through TicketMaster.

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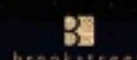
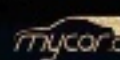
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Gala celebrates Chinese culture

► China Carnival Spring Gala 2012 at Centrepointhe Theatre is also the official kickoff to Heart and Stroke Month



China Carnival Spring Gala 2012 is your chance to explore and appreciate

Chinese culture and support a great cause at the same time.

The event is the official kickoff to Heart and Stroke Month and all the net proceeds

will go directly to the Heart and Stroke Foundation of Canada. Both China and Canada actually share the statistic of heart disease and stroke being

the country's predominant disease.

China Carnival Spring Gala 2012 is presented by the Canada-China Cultural Development Association

(CCCCA), a registered non-profit organization that aims to make sure our countries share more than just that daunting stat.

The CCCDA's goal is to develop a better relationship between Canada and China through arts and culture.

China Carnival Spring Gala 2012 is a celebration of the Chinese New Year for audiences around the globe, performed by the world-renowned China National Performing Arts Troupe, which has won more than 30 awards both domestically and internationally.

The talent is truly world class.

"This is a troupe that is coming direct from China," says Snookie Lomow, marketing and PR consultant for the Canada-China Cultural Development Association.

"They are China's top performing artists. They are a very high-calibre group."

China Carnival Spring Gala 2012 is a multi-ethnic production performed by the 70 performers that make up the China National Performing Arts Troupe, a group that includes magicians, dancers, musicians and acrobats.

"It's a bit of a variety show," says Lomow.

During the show, you will learn about and ex-

"This is a troupe that is coming direct from China. They are China's top performing artists. They are a very high-calibre group."

SNOOKIE LOMOW, MARKETING AND PR CONSULTANT FOR THE CANADA-CHINA CULTURAL DEVELOPMENT ASSOCIATION

Showtime

- **What:** China Carnival Spring Gala 2012
- **When:** Feb. 6 at 7 p.m.
- **Where:** Centrepointhe Theatre (101 Centrepointhe Dr.).
- **Price:** Tickets starting from \$51.25 through the Centrepointhe Theatre box office with all proceeds going directly to the Heart and Stroke Foundation of Canada.

plore the history of ancient China, all told through music, dance and other stunning visual displays.

Ottawa Mayor Jim Watson will be on hand at the China Carnival Spring Gala 2012 to welcome the Chinese delegation and kick off the festivities.

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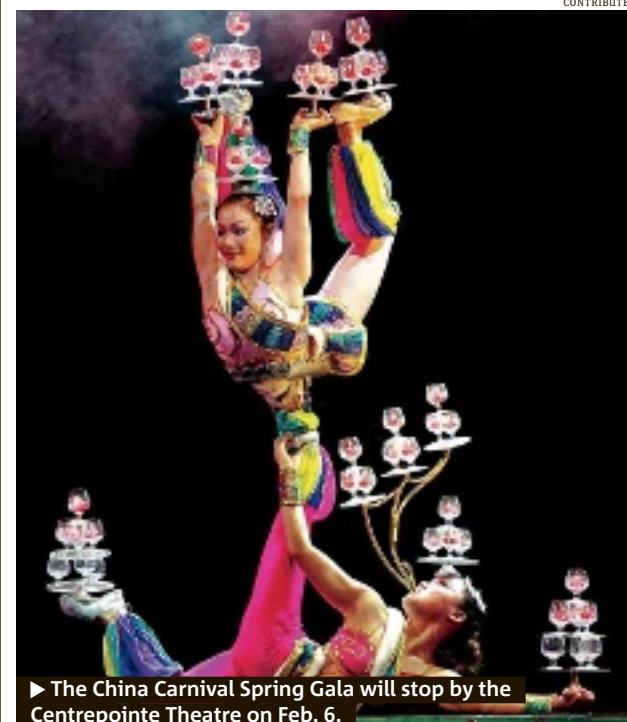
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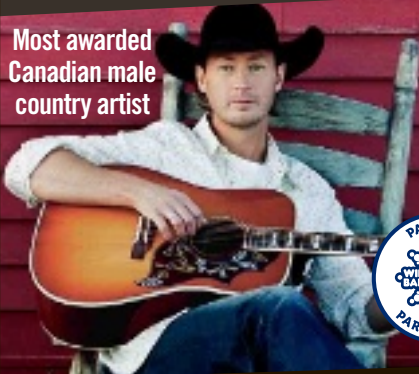
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► The China Carnival Spring Gala will stop by the Centrepointhe Theatre on Feb. 6.

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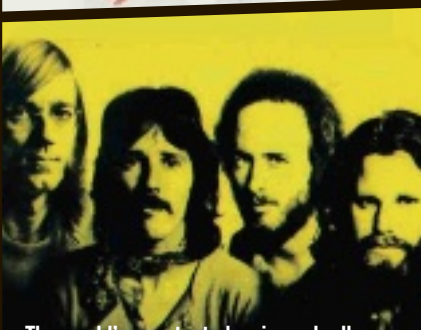
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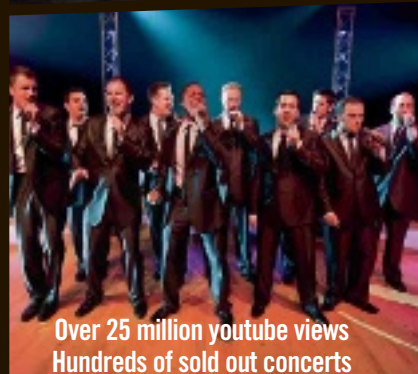
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3
lifeTrend of
the week

Winter whites

We've not only been spotting white jeans on the streets of London and New York but on many an editor during the men's runway shows in Milan this past month.. **MWN**



Toronto-based Wesley Badanjak named new designer for Basch label



Las Vegas: Lingerie model or call girl?



Russia: Models as acrobats...



Little Russian hip hop dancers.



Stockholm: Sheer simplicity

Worldwide fashion weeks

- On any given day, somewhere in the world, a fashion week is likely taking place
- We look some of the weird, random and genuinely cool ones



RICHARD PECKETT

LIFE@METRONEWS.CA

METRO WORLD NEWS IN LONDON

The month of runway shows in the big four fashion capitals are just a week away. But New York, London, Milan and Paris are hardly the only cities to put their local talent on show. With each year, the calendar of global fashion weeks seems to multiply with a runway show taking place for every scene you could possibly imagine. Because even dogs deserve a chance to strike a pose.

THE WACKY

New York Pet Fashion Week

Manhattan is a city filled with doggie spas, so it's sadly not surprising that it would be home to a fashion week devoted to fashionable four-legged Prada lovers. It's a reality television series waiting to happen with painfully pruned pooches in bows, crash helmets, sunglasses, floral skirts and even full tuxedos — probably cursing their owners as they trot down the runway.

China Fashion Week

The dramatic effects such as smoke and lighting displays are worthy of a Broadway musical. The costumes range from traditional-inspired robes to sci-fi-style looks of Lady Gaga proportions. We mean a birdcage

on a model's head.

CRAZY

Colombia Moda Para El Mundo

This one is the trashy sister fashion week of Colombia Moda. That means plenty of silicon boob implants, bootylicious bums and bursting bee-stung lips. Did we mention that the most recent Columbia Moda Para El Mundo even saw a pile of fake cocaine on the runway?

Russian Fashion week

Considering that the country is known for the export of vodka, oil oligarchs and fur-clad brides, it would be a mistake to expect Russia

to have a low-key week of fashion. Take the designer YanaStasia, who turned the runway into a playground for gymnastics, a mock marriage proposal and dancing kids. See?

LEGITIMATELY COOL

Stockholm and Copenhagen Fashion Weeks

The Scandinavian brands seem to have a knack for simplicity. The obvious examples are Acne and Cheap Monday. But there's also a crop of new designers such as Odd Molly and Dagmar, showing that there's more to Swedish fashion than just

denim. Across the border in Denmark, Anne Sofie Madsen, who worked with creative geniuses John Galiano and Alexander McQueen, is proving to be a real trailblazer.

Istanbul Fashion Week

With its rich history and traditions, it's not surprising that Istanbul Fashion Week is showing its might. Two such names are Atil Kutoglu, who can name-drop Naomi Campbell as a client, and Arzu Kaprol, who has already debuted a collection in Paris. With its heritage meets European aesthetic and burgeoning economy, Turkey has the potential to become a fashion empire.

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Men getting fancy

► 2011's uprisings and popular period dramas have gone to the designers' heads ► We look at trends to come out of the men's autumn/winter shows

RICHARD PECKETT
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

MILITARY

► It's a men's fashion paradigm that's been re-worked on countless occasions and this season was no different. Versace went for camouflage but not the type designed to make you blend in with your surroundings — unless of course you're on an acid trip in a rainbow world. Conversely, Jil Sander's designer Raf Simons found himself in a dark place with a collection worthy of the Gestapo with long leather trench coats and pitch black suits — a comment on oppression, perhaps. If Sanders' men were the secret police, Kris Van Assche's Christian Dior collection supplied the olive-clad, military-meets-baseball-cap-wearing-bully boys. Maybe they were hunting Giorgio Armani's resistance movement with their berets, baggy, pleated combat pants and velvet jackets.



► Jil Sander

PERIOD DRESS

► Prada went down the literary trope of appearance and reality in a show entitled Il Palazzo. A Palace of Role Play with actors, Gary Oldman, Adrien Brody and Jamie Bell all aptly taking to the runway in high double-breasted suits and



► Alexander McQueen

white collars reminiscent of Fin-de-Siècle chic — they should have topped it off with a cape from Dolce & Gabbana. Alexander McQueen went down a similarly archaic route with pinstripe suits, breeches and Prince of Wales checks. Wearable, yes. But they make for a bold state-

ment. Meanwhile, Gucci also looked to the Fin-de-Siècle and more specifically the troubled poet Arthur Rimbaud (his literature makes for rather sordid reading). Think: floral jacquard suiting, velvet jackets and chunky knits.

TAILORING

► Milan's renowned for its suiting and — surprise, surprise — this season is no exception. While most designers were looking to the past, Paul Smith looked to the seaside. Dark, skinny pieces were dotted with neon, nautical motifs, perhaps a nod to modern-day high-vis lifejackets. But while Smith toyed with pops of colour, Hermès returned to sobriety with, yes, slim grey to black, muted tailoring. The colour scheme suggests austerity but I assure you that the price tags will be suitably grand. Meanwhile, the tailoring at Burberry Prorsum arrived slim-cut (noticing a trend?) in shades of grey and later corduroy with military-meets-country wear flight jackets.

The pretty of the past

► Got a little Marilyn or Liz in you?
► There could be with the right lip

In the Hollywood landscape of new, new, new, what really stands out is that today's starlets still emulate the looks of classic screen beauties, including Elizabeth Taylor, Marilyn Monroe and Rita Hayworth, who ruled the red carpet in the 1950s.

"To reference the bygone era of past screen sirens, there's something about that genre that women gravitate to and fashion gravitates to," says Jenn Karsten, director of education and artistry for the cosmetics brand Make Up For Ever.

"I think it's the essence of the real woman," she says. "If we referenced the

'70s, '80s and the '90s even, the culture was shifting so much. It was a sexual revolution but with a strong androgynous look. It was, 'Don't look at me for my beauty, look at me for my brains, my power.' But if you look at Liz Taylor, Sophia Loren or Marilyn, they're all mega stars that were proven talents and proven beauties."

THE ASSOCIATED PRESS

Get the look

Jenn Karsten's tips on recreating looks of the past

- "The goal is a look that's simple, but well groomed, with flawless skin and a few big statements, such as a bright lip colour and jet-black lashes."
- "You might need foundation, you'll need a good skin-care routine, you might even need time-consuming false lashes to make it look like you barely gave it a thought."
- "Balance those one or two bold moves with neutral-tone eyes and cheeks," she says.



► The beautiful Liz Taylor

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Jeanne Space



@Jeanne_Beker: Voila les invitations! In Paris and the magic's begun. Going to be "un semaine plein d'inspiration!"



In this hectic modern world, Twitter has become a cool and succinct way of communicating. It allows me to be accessible, instantly speak my mind, and connects me with all kinds of people. Whether it's a fashion question, or you just want to comment on life's bigger picture, I'd love to hear from you.

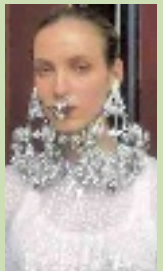


► @Jeanne_Beker: Stellar couture perfection from @Versace. THIS is what it's all about!

► @Jeanne_Beker: Plum perfection at Dior. Designer Bill Gayten really shines in this couture collection....



► @Jeanne_Beker: Glam/deco/punk... Tisci's Givenchy offering is a jaw-dropping collection of only 10 garments...



► @Jeanne_Beker: Pretty in a sheer pink print, at Valentino. SO different from the edgy fare we've seen this week.

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Return to slender

THE KIT

By Deborah Fulsang

Look 10 pounds slimmer instantly with the artful and expert wardrobe advice of Style by Jury's David Clemmer

Top tip to look slimmer?

"The most important thing is the right bra and underwear, or in some cases the right body shaper with extra bust and butt support. It doesn't matter how much you spend on a sweater or what fabulous fabric it's made of, if you're not wearing the proper bra in the proper size, your boobs can sag and make your upper body look boxy and shapeless. A good, supportive bra lifts the bust, allows the waistline to show and creates curves."



► Style by Jury's David Clemmer

How does the approach differ if you're a size 8 versus 18?

"Always wear clothes that show off your shape — regardless of your size. Wearing an outfit that is even slightly oversized will make you look like you've gained five pounds and then some. Fabric choice is also important. Avoid

those that cling and stretch into your curves (or rolls). Remember that shiny fabrics reflect light and make objects appear larger. Look for lightweight wools and denims, and keep the silhouette simple."

GET ALL THE LATEST BEAUTY KNOW-HOW AT THE KIT INTERACTIVE MAGAZINE, AT THEKIT.CA.

Bars you'll want to get behind

► These yummy Apple Bars are a tasty alternative to pre-packaged, store-bought ones

Looking for a yummy dessert or addition for your kids' lunch bag to serve during these cold months?

Apples are a great way to go. This apple-based bar has the texture of a chewy brownie and goes well with a scoop of your favourite ice cream or yogurt for an extra special treat.

Preparation:

1 Topping: Peel, core and slice the apples about 1.25 cm (1/2-inch) thick. In a bowl, mix the sugar with cinnamon; add apples and toss to coat evenly. Set aside.

2 Cake: In a large bowl and using electric mixer, beat the butter with sugar for about 1 minute. Beat in the

Apple Bars

► This recipe makes 12 bars.

eggs and vanilla until smooth.

3 In another bowl, whisk together the flour, cinnamon, baking powder, baking soda and salt; slowly beat into the butter mixture at medium speed until well blended. Spread in greased 2.5 l (9-inch) square cake pan.

4 Drain any juices from apples that might have accumulated. Arrange the apples on top in four rows, slightly pressing into batter. Bake the mixture in a 180 C (350 F) oven for about 40 minutes or until cake tester comes out clean. Let pan cool on rack.

5 Icing: In a bowl, stir the icing sugar, milk and vanilla until smooth; thin with additional milk if needed. Drizzle over cake. **FOODLAND ONTARIO/ THE CANADIAN PRESS/ EMILY RICHARDS (A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA)**

Ingredients:

Apple Topping

- 2 large apples
- 15 ml (1 tbsp) granulated sugar
- 1 ml (1/4 tsp) cinnamon

Cake

- 75 ml (1/3 cup) butter, softened
- 250 ml (1 cup) packed brown sugar
- 2 eggs
- 5 ml (1 tsp) vanilla
- 175 ml (3/4 cup) all-purpose flour
- 3 ml (3/4 tsp) ground cinnamon
- 2 ml (1/2 tsp) baking powder
- 1 ml (1/4 tsp) baking soda
- 1 ml (1/4 tsp) salt

Icing (optional)

- 125 ml (1/2 cup) icing sugar, sifted
- 10 to 15 ml (2 to 3 tsp) 2% milk or 5% light cream
- 1 ml (1/4 tsp) vanilla



Cookies, bars and squares are ultimate comfort foods. With that idea in mind, Jill Snider created her Bake Something Great! cookbook (Robert Rose, 2011). It boasts 400 recipes for goodies such as Frosted Carrot Nut Bars, Cinnamon Raspberry Stacks, Rum Balls and Key Lime Coconut Macaroons.

Both novices and experienced bakers will find Bake Something Great! easy to use thanks to its directions complete with tips and variations.

大統華 T&T

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Selected Varieties

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SPECIAL INFORMATION FEATURE

Ottawa's favourite treat

The skates are sharpened, the tuque is pulled tight and your breath is crystalized under your wooly scarf from the freezing weather, but what can you possibly be willing to stand outside and eat on the Canal?

The answer, of course, is BeaverTails!

Though they can now be found in countries as far as Saudi Arabia, the BeaverTails chain was founded in Ottawa in 1978 by Pam and Grant Hooker. The first permanent location in the Byward Market continues to serve the sweet, whole wheat pastries, each stretched by hand and smeared with butter.

The original flavour of cinnamon and sugar, served piping hot with a squeeze of lemon, remains the most popular, and their warm, sweet smell has even had U.S. President Barack Obama indulging. Maple butter and chocolate hazelnut spread are a close second, followed by candy-adorned versions (Reese's Pieces and Skor) of the addictive delicacies that will perk up any small skater.

There are six BeaverTails locations along the Canal and at 69 George St. For more, see beavertailsinc.com.

● SAMANTHA EVERTS

Brew pub sneak peek

► Mill Street Brew Pub now open



JEFF O'REILLY
FOR METRO

The highly anticipated opening of the new Ottawa Mill Street Brew Pub is finally upon us and they couldn't have picked a more suitable location.

Built in 1842, the old Thompson-Perkins Mill is a beautifully appointed heritage building that will not only house brewing facilities, but also a retail store, a huge two-storey pub and a 120-seat patio that has the amazing backdrop of the peaceful Ottawa River.

I recently had the opportunity to tour the facilities with the Ottawa brew pub's head brewer, Adam Rader from the Toronto brew pub, and Mill Street's master brewer, Joel Manning. We took a sneak

peek at their four new Manning-designed, Ottawa-exclusive brews and tasted three of them, fresh and unfiltered right out of the aging tanks.

First up was Portage Ale — five per cent alcohol by volume (ABV), 15 International Bitterness Units (IBUs) — an interpretation of the classic American cream ale that will sure to be a favourite. It is unusual in that it is first fermented with ale yeast to build the full flavour and a creamy texture before undergoing a second fermentation with lager yeast that gives it smooth drinkability.

With Pale Canadian malts as the backbone, small amounts of chocolate and wheat malts, as well as a blend of American and European hops, are used to help refine the



► Brewers Joel Manning, left, and Adam Rader raise a toast at the recently opened Mill Street Brew Pub.

aroma, colour and flavour of the brew. The beer pours a glowing deep gold with bright white head — starting out slightly sweet and gentle. It is well-balanced and very drinkable, ending with a decisive dry

finish. Super refreshing.

Next we say G'day G'day to Valley Irish Red (4.7 per cent ABV, 30 IBUs), a tribute to those hard-working men and women who settled the area and gave it much of its character. This

nitrogen-charged beauty pours a chestnut mahogany red with creamy white head. Hoppier than most beers in this style, it shines with a malty richness enhanced by full roasted barley tones and a sweet kiss of Lanark County maple syrup with a luxurious silky smooth texture that makes this very sessionable.

The seasonal "Pair O' Dice Ale" (six per cent ABV, 90+ IBUs) may be the unluckiest beer on the planet. Brewed on Friday the 13th (January 2012), this American style IPA is well hopped using the ever popular Cascade hops and balanced off brilliantly with pale, Munich, caramel and chocolate malts. Big, spicy grapefruit and citrus up front gives it a crunchy bitterness that is quickly met with lush, malt sweetness that sits nicely on the tongue and lingers ever so slightly. This beer will remain unfiltered and maintain its moderate carbonation to ensure maximum taste and enjoyment.

The Mill Street Brew Pub at 555 Wellington Ave., is now open.

Are you wasting your money on organic food?

FARM
TO
FORK



Do you pay more for organic milk to avoid exposing yourself or your family to hormones in your food? If the answer is yes, you

might be wasting your money.

In Canada, all dairy products, pork, eggs and poultry meats — organic or otherwise — are produced without artificially induced hormones. Not only do poultry and pig farmers have to adhere to government regulations on this, but there is no advantage for them to add hormones. In fact, there is little evi-

dence that it's even worthwhile for dairy producers to do so.

While beef producers are allowed to implant growth hormones in immature animals as they are readied for market, such treatment of cattle destined for hamburger is frequently not an issue. This product mainly comes from hormone-free dairy and beef cows that are retired after their calf and

milk-producing days are over. But cuts such as roasts and steaks have a reasonable probability of hormone treatment (unless it's certified organic beef). However, there is little evidence this treatment of beef cattle poses any significant health issues for humans.

Due to consumer pressure, the European Union twice (1998 and 2008) at-

tempted to ban beef imports from animals that had hormone treatment, but on both occasions when asked to demonstrate potential health risks before an impartial panel of the World Trade Organization, the EU was unable to do so.

MAURICE HLADIK IS THE AUTHOR OF THE SOON TO BE PUBLISHED BOOK, DEMYSTIFYING FOOD FROM FARM TO FORK (FOODDEMYSTIFIED.COM).

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Cheese for a chilly night

► **Bleu D'Élizabeth is rich in flavour**

**CURD
ON
THE
STREET**



Slice of info

► The piquant (spicy) flavour in blue cheese is a result of mould development (veins) due to exposure to air.

As the temperature falls, I prefer cosy evenings indoors, crackling fires, big spicy red wines, and slow cooked comfort food. And to go with them is this week's cheese pick, the perfect cold weather curd, Bleu D'Élizabeth.

Produced by family run Fromagerie du Presbytère in the central region of Quebec, it's named for the small, recently-restored rectory that houses the cheese factory in the vil-

lage of Sainte-Elizabeth-de-Warwick.

This beautiful, semi-soft, raw organic cow's milk blue cheese has a natural rind with spots of dark clay. The creamy, silky, melt-in-your-mouth paste (inside of the cheese) is speckled with blue and blue-green veins throughout from the presence of *Penicillium Roqueforti* (what makes a blue cheese turn blue).

Bleu D'Élizabeth is rich in flavour, with a hint of



► Bleu D'Élizabeth, Fromagerie du Presbytère.

sweetness and spice, without being overbearingly salty. Cold Canadian nights call for this hearty blue on your cheese board, either

shining on its own, or playing a starring role as your dessert plate, joined by your favourite local icewine, iced cider or port.

Looking forward to Hintonburg menu

Hintonburg has its newest gastropub, the cosy Hintonburg Public House, which was packed when we visited.

The starters were incredible and had us very excited.

A small tartlette of butternut squash was sweet with caramelized fennel and a hint of oranges in a light pastry crust. The Brussels sprouts were roasted in brown butter sauce and capers, creating an unusual but deliciously successful combination.

The vegetarian flatbread with pressed yogurt was confused for textures. Sitting on the kale were chunks of cremini mushrooms, so you weren't sure if you were to pick it up and eat it like a sandwich or use your fork.

While cooked perfectly and sourced locally, the duck entrée was underwhelming and would have

benefited from a stronger marinade or more savoury chutney sauce.

A leek and squash salad accompanied was beautifully plated but under-seasoned.

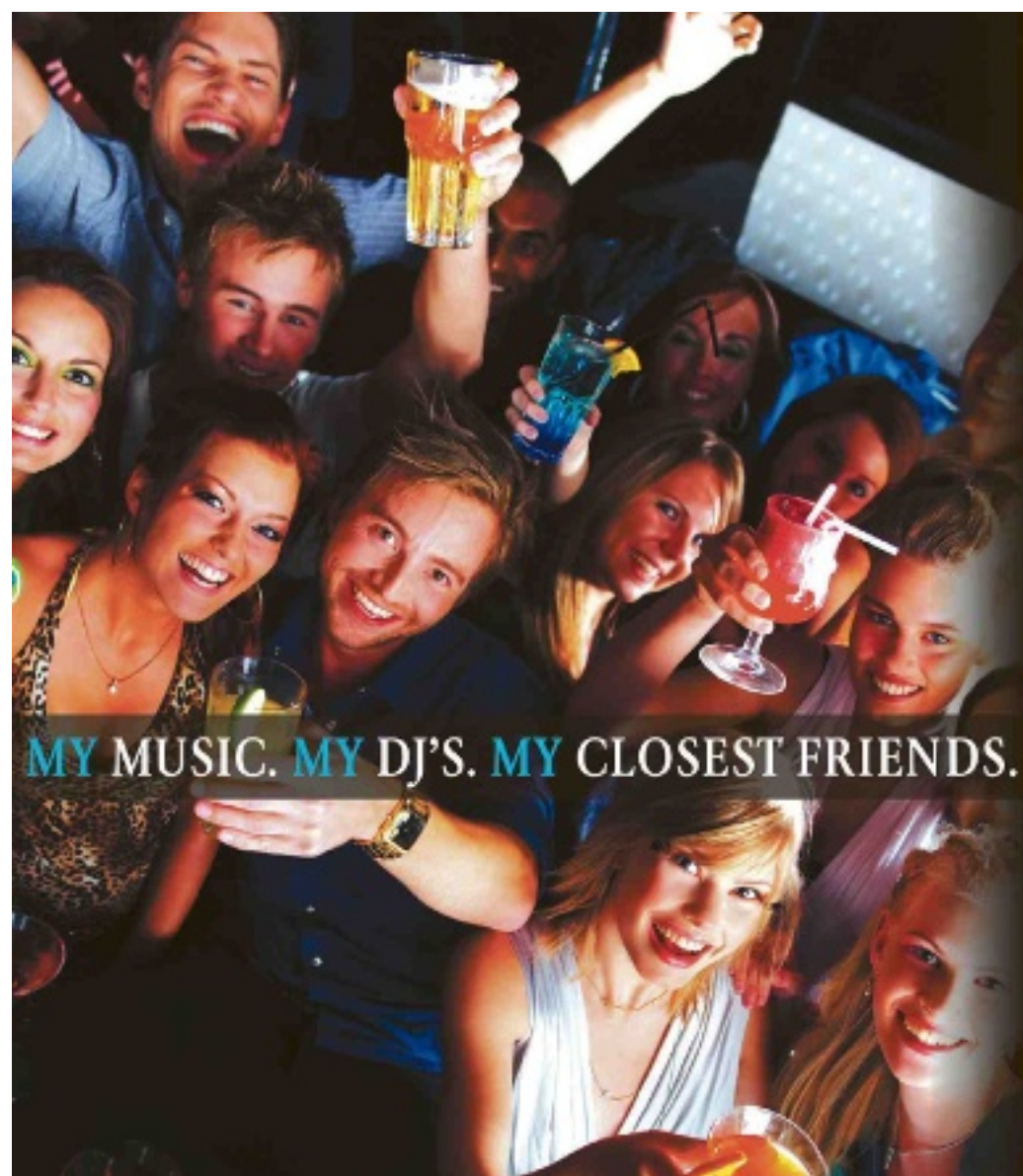
This is not to say that you shouldn't visit this restaurant — it is still getting its footing and has optimistic plans for future menus.

The summer menu will be incredible. We can't wait to return to try their bar snack menus with house-made beer nuts and Québécois cheeses.

The waiters were extremely helpful with wine suggestions and the beer selection was superbly stocked with the best craft brews.

The Hintonburg Public House is located at 1020 Wellington St. W. For more, see hintonburgpublichouse.ca.

● SAMANTHA EVERTS



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Little va-va-voom for the living room

► Style guru Karl Lohnes tells us how to add colour to a neutral space ► Harness your own 'je ne sais quoi'

CRATE & BARREL

DESIGN CENTRE



KARL LOHNES
HOME@
METRONEWS.CA

Q: I have a living room that is decorated with neutral colours. I'd like to integrate some colour but don't know what type, how to start and how much to add.
S. Smith, London, Ont.

A. Adding colourful accessories to a neutral room is a great way to make it look fashionable and follow some trends without breaking the bank.

First off, determine what your neutral is and work with it. Your 'neu-

Bring it together

The big secret to adding larger, expensive accessories is to spend in the same category as your neutral furnishings; not more or less.

► For instance, if all your furnishings are from Ikea, then add value-driven accessories; not expensive, upscale items.

► Buy in the same style (modern, Art Deco, country) as your existing furnishings for a cohesive look.

tral' could be one of many: crispy white, cream, mossy green, grey, tan are a few of the common neutrals.

Each of these works best with certain strong colours. For instance,

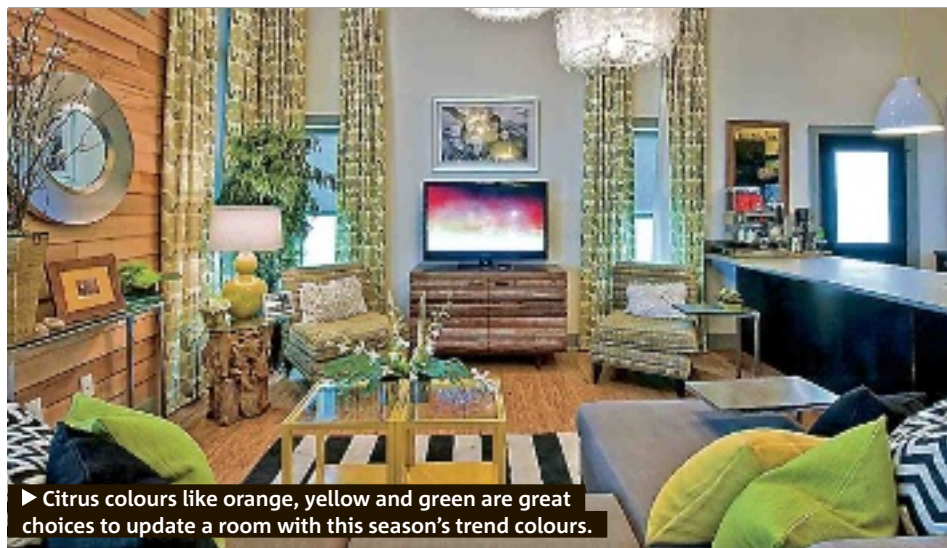
lime green works best with cool, sharp, clear neutrals like white, grey or dark brown but is not so good with cream, tan or mossy green.

Trend colours to go with white or grey include citrus colours like lime, orange and yellow.

The best accent colours to complement tan are moss and cream along with rich blues and claret reds or purples.

Easing colour into your room with small accessories (pillows, candles and art) is the simplest way to start. Layer the colour in a few lighter and darker tones; it will give you flexibility when shopping so you don't have to worry about always finding that 'perfect colour.'

Want make a colour



► Citrus colours like orange, yellow and green are great choices to update a room with this season's trend colours.

look even better? Add in one or two accessories that are opposite on the colour wheel to bring them to life.

For instance, if lime green is your new colour

then add a few orange-tones colours to help make the green stand out.

Large ways to add colour (rugs, new paint on a focal wall, curtains) are investments to the

room.

Just how much colour should you add to a neutral room? I like the 70/neutral 30/colour rule; that way you won't have too much or too little.

VIBRATIONS AREN'T ALWAYS GOOD

CHARLES THE BUTLER



ASKCHARLES
THEBUTLER@
METRONEWS.CA

FOR MORE, VISIT
CHARLES
MACPHERSON.COM

Dear Charles,
We have a Whirlpool Duet 4.5 cu. ft. front-loading washer and it sits on a Whirlpool

manufactured stand. The washer actually moves as it vibrates very badly on spin cycle. Do you have any suggestions for reducing the vibrations?

**Catherine
Orleans, Ont.**

Dear Catherine, Although it is normal for the washing machine to vibrate somewhat during the spin cycle in particular, it sounds like yours is vibrating too much.

Firstly, was the machine

installed correctly?

Secondly, even if the machine was installed correctly, might it have been moved at some point by a family member or tradesperson trying to make a repair?

This would most likely throw off the original installation and calibration. Another consideration is whether or not the floor that the machine sits on level.

Lastly, when you load your washing machine, do

you evenly distribute the items within the drum?

Once you address the above items, the only remaining option is to call Whirlpool and ask them if they have any other thoughts.

They are likely to suggest an appointment to come to your home and re-balance the machine. Please let us know what the outcome is and if and how the problem was solved. Good luck!

HAVE A QUESTION? SEND A MESSAGE TO ASKCHARLESTHEBUTLER@METRONEWS.CA



► Tip: Your spin cycle shouldn't sound like a small plane is landing in your laundry room.

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Tips for tiling a cool kitchen backsplash

► It's always more fun to throw half-cooked spaghetti at shiny new tiles

DIY IDEAS

If your kitchen needs an update but you don't have the time or money to spend on a complete renovation, brighten it up with a backsplash. Not only will it add texture and colour, but it will help protect the walls from water, food and grease damage.

In every episode of Kitchen Impossible, host Marc Bartolomeo helps homeowners turn their kitchen makeover fantasies into realities.

Here's a few tips on how to tile your kitchen backsplash.

Surface preparation

Be sure that the drywall is secure. Fill any nicks or low spots by patching with drywall compound and sand to level.

Wipe the wall to ensure that the surface is free of dust, oil and residue. This guarantees a strong adhe-

sive bond between the wall and tile.

Determine where to start

Measure the installation site to determine how many tiles you will need to purchase, as well as to locate the best place to start tiling.

It is best to hide cuts in corners and under cabinets, leaving the full tiles in areas that will draw the most attention.

Apply mortar

Begin spreading the glue or mortar with the flat side of a trowel to ensure good adhesion. Using the notched side of the trowel, go over the glue to remove any excess.

The size of the notches will be determined by the thickness of the tile, so be sure to check the manufacturer's recommendations.

Install tiles

Begin installing the first tile or sheet by working

off the countertop surface. This will ensure the installation is level because the countertops would have been leveled when installed.

Place tiles in position as close as possible to avoid sliding tiles into place in the mortar.

Tap each tile once with a rubber mallet to ensure

they have adhered properly to the mortar.

Make cuts

A dry cutter, wet saw or tile nippers may be used to fit around electrical boxes, cabinets, etc.

Tile saws can be rented

at many hardware rental spots, saving you lots of time and stress throughout your renovation.

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► A good backsplash will protect your kitchen walls from water, food and grease damage — as well as sticky fingers.

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4
sports

Quoted



"Chuck has a leadership quality about him ... He's just a coach that knows exactly how players are and what direction they need."

BALTIMORE RAVENS LINEBACKER PAUL KRUGER ON CHUCK PAGANO, PICTURED, WHO WAS NAMED THE INDIANAPOLIS COLTS' NEW HEAD COACH ON WEDNESDAY. THE 51-YEAR-OLD FORMER RAVENS DEFENSIVE CO-ORDINATOR HAD BEEN A CAREER ASSISTANT. HE'S THE FOURTH RAVENS DEFENSIVE CO-ORDINATOR TO GET A HEAD COACHING JOB IN LESS THAN A DECADE.



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THE HOCKEY NEWS

MURRAY PAM

OTTAWA@METRONEWS.CA



When it comes to this week-end's all-star festivities, it could have easily been a case of "The Six Sens."

Goaltender Craig Anderson has been so hot in recent weeks and months, you could make a very good argument he should be joining his four teammates who'll play in the showcase, and a fifth — Colin Greening — in the Saturday night skills competition.

The evidence is compelling. Recently, he became the first goaltender since the NHL adopted its stars of the week format in 2009-10 to earn the nod in consecutive periods.

The 30-year-old workhorse has been on a roll since being pulled Dec. 27, guiding the club to a 9-4-1 record, with a sparkling .959 save percentage and 1.98 goals-against average during that span.

Anderson has played in more games, faced more rubber, (1,431 shots in 47 games) and has more stops than any other NHL netminder. In fact, backup Alex Auld has seen only twenty minutes of ice in January. In hindsight, with Anderson carrying so much of the load of late, the all-



PHILLIP MACCALLUM/GETTY IMAGES FILE

► Craig Anderson's recent stellar play in Ottawa is reminiscent of his 2009-10 season, when he carried the young Colorado Avalanche to the playoffs.

star break will afford him needed rest.

The Park Ridge, Ill., native's stats are even more astounding considering how inconsistent he was to start the season, being yanked in two of his first five starts. A lack of wins combined with poor play from their No. 1 goaltender had Sens fans questioning just how bad this rebuild-

ing team was going to be.

Anderson's game slowly rounded into shape and he is now playing at the level that the club and fans had anticipated, or at least hoped for, when he was acquired at last season's trade deadline.

The Corvette enthusiast is in the midst of a campaign that is eerily similar to 2009-10 when he back-

stopped the upstart Colorado Avalanche to a post-season berth. The Avalanche, much like the 2011-12 Senators, were a young team expected to finish near the bottom of the standings.

Originally, general manager Bryan Murray plucked the 6-foot-2, 183 pounder from Colorado to act as a stop-gap while highly-tout-

ed Robin Lehner apprenticed in AHL Binghamton. However, Anderson plans to be the top dog in Bytown for the long-term, especially after inking a four-year, \$13 million deal.

While Murray may have inadvertently created a goalie controversy for the future, the only thing on the minds of Sens fans is the rosy present.

Plenty of all-star firsts in Ottawa

► Eighteen all-star rookies heading to big game, reflecting a season of surprise performances

Dennis Wideman thought he'd been traded. Scott Hartnell worried he'd be facing a suspension.

What both men failed to consider was that their phone was ringing with an invitation to Sunday's NHL's all-star game at Scotiabank Place.

Wideman is among the most anonymous invitees. A seven-year pro, the Washington Capitals defenceman is in the midst of a career season, but got nerv-

ous when general manager George McPhee called him earlier this month to deliver what turned out to be great news.

"When he called me, I was like, 'Aw man, where am I going now?'" said Wideman. "I didn't know what was going on. But in my experience, when a GM calls you, it's usually not good news."

Hartnell's first all-star invitation comes in his 11th NHL season and is recogni-



"It almost seems a little far-fetched at times."

SCOTT HARTNELL ON PLAYING IN THE ALL-STAR GAME

tion for the great offensive season he's put together for the Philadelphia Flyers.

The 29-year-old was

named as an injury replacement this week.

"I think of myself as a good hockey player, but you look at the all-star game and the names that have been there in the past ... and to think of yourself part of that group is hard," Hartnell told the Philadelphia Daily News.

All but one of the league's top-15 scorers entering play Wednesday will participate in the event.

THE CANADIAN PRESS

Neal in for Ovie

Alexander Ovechkin, who decided to pull out of the all-star game after receiving a three-game suspension, was replaced by Penguins winger James Neal on Wednesday.

► Neal, who would have been a notable omission after entering the break with 27 goals, is also an all-star rookie.

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-NY Rangers	47	31	12	1	3	132	96	66	15-5-0-2	16-7-1-1	7-3-0-0	W2
d-Boston	47	31	14	1	1	171	101	64	16-7-1-1	15-7-0-0	5-4-1-0	L1
d-Washington	48	26	19	1	2	136	137	55	18-6-0-1	8-13-1-1	5-4-1-0	W1
Philadelphia	48	29	14	2	3	162	142	63	11-7-1-2	18-7-1-1	6-3-0-1	W1
Pittsburgh	49	28	17	2	2	152	127	60	14-8-2-0	14-9-0-2	7-3-0-0	W7
Ottawa	52	27	19	4	2	157	160	60	14-9-0-1	13-10-4-1	6-4-0-0	L3
New Jersey	48	26	19	1	2	129	136	55	12-9-0-2	14-10-1-0	4-4-1-1	L3
Florida	48	22	15	5	6	122	136	55	11-5-1-6	11-10-4-0	3-2-3-2	L1
Toronto	49	25	19	3	2	151	147	55	14-8-2-2	11-11-1-0	6-4-0-0	W2
Winnipeg	50	22	22	3	3	124	143	50	15-8-0-2	7-14-3-1	3-6-0-1	L3
Tampa Bay	48	21	23	1	3	136	165	46	13-7-0-1	8-16-1-2	4-3-1-2	W4
NY Islanders	48	19	22	5	2	115	143	45	11-11-4-0	8-11-1-2	5-4-1-0	L2
Montreal	48	18	21	2	7	123	132	45	8-10-2-4	10-12-0-2	5-3-0-2	W1
Buffalo	49	20	24	3	2	119	149	45	11-9-3-2	9-15-0-0	2-7-1-0	W1
Carolina	51	18	24	5	4	130	159	45	13-11-0-3	5-13-5-1	5-3-1-1	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Detroit	49	33	15	1	0	158	110	67	20-2-1-0	13-13-0-0	9-1-0-0	W7
d-Vancouver	49	30	15	0	4	158	122	64	14-6-0-3	16-9-0-1	6-2-0-2	W2
d-San Jose	47	27	14	3	3	131	110	60	15-8-2-0	12-6-1-3	4-3-1-2	W1
St. Louis	49	29	13	1	6	124	102	65	21-3-1-3	8-10-0-3	7-1-1-1	L2
Nashville	50	30	16	3	1	140	127	64	16-7-2-1	14-9-1-0	9-1-0-0	W4
Chicago	50	29	15	3	3	162	144	64	19-6-1-3	10-9-2-0	5-3-2-0	L2
Los Angeles	50	24	16	4	6	111	111	58	14-11-0-4	10-5-4-2	5-2-1-2	W1
Minnesota	49	24	18	2	5	115	126	55	13-6-1-2	11-12-1-3	3-6-0-1	W2
Colorado	51	26	23	2	0	131	144	54	14-12-0-0	12-11-2-0	4-5-1-0	L2
Dallas	48	25	21	0	2	126	136	52	14-9-0-2	11-12-0-0	4-5-0-1	W1
Calgary	50	23	21	3	3	120	137	52	13-7-1-1	10-14-2-2	5-3-1-1	L1
Phoenix	50	22	20	3	5	130	134	52	10-9-2-2	12-11-1-3	3-4-1-2	W1
Anaheim	48	18	23	3	4	124	144	43	13-12-1-0	5-11-2-4	8-1-1-0	L1
Edmonton	49	18	26	1	4	122	142	41	12-8-1-2	6-18-0-2	2-6-1-1	L1
Columbus	49	13	30	1	5	115	163	32	8-13-1-2	5-17-0-3	3-6-0-1	L4

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's result

Detroit at Montreal

Tuesday's results

Toronto 4 N.Y. Islanders 3 (OT)

Vancouver 3 Edmonton 2 (SO)

N.Y. Rangers 3 Winnipeg 0

Phoenix 3 Ottawa 2

San Jose 1 Calgary 0

Buffalo 2 New Jersey 1 (SO)

Dallas 1 Anaheim 0

Minnesota 3 Colorado 2

Nashville 3 Chicago 1

Philadelphia 3 Florida 2 (SO)

Pittsburgh 3 St. Louis 2 (SO)

Tampa Bay 4 Columbus 2

Washington 5 Boston 3

NHL ALL-STAR BREAK

At Ottawa

Thursday

All-star Draft, 8 p.m.

Saturday

All-star skills competition, 7 p.m.

Sunday

All-star game, 4 p.m.

Tuesday, Jan. 31

Ottawa at Boston, 7 p.m.

N.Y. Rangers at New Jersey, 7 p.m.

Winnipeg at Philadelphia, 7 p.m.

Toronto at Pittsburgh, 7 p.m.

N.Y. Islanders at Carolina, 7 p.m.

Buffalo at Montreal, 7:30 p.m.

Washington at Tampa Bay, 7:30 p.m.

Nashville at Minnesota, 8 p.m.

Detroit at Calgary, 9 p.m.

Anaheim at Phoenix, 9 p.m.

Colorado at Edmonton, 9:30 p.m.

Chicago at Vancouver, 10 p.m.

Columbus at San Jose, 10:30 p.m.

TUESDAY

LEAFS 4, ISLANDERS 3 (OT)

First Period

1. N.Y. Islanders, Tavares 20 (Okposo, Reese) 1:54

Penalty — Martin NYI (interference) 2:16.

Second Period

2. N.Y. Islanders, Bailey 5 (Martin) 9:17 (sh)

3. Toronto, MacArthur 13 (Grabovski, Kulemin) 18:55

Penalties — Kessel Tor (roughing), Hamonic NYI (roughing, holding) 8:54.

Third Period

4. Toronto, Gardiner 1 (Grabovski, MacArthur) 1:47

5. Toronto, Grabovski 16 (Kulemin, Gardiner) 16:29

6. N.Y. Islanders, Parenteau 10, 19:47

Penalties — None.

Overtime

7. Toronto, MacArthur 14 (Grabovski) 2:06

Penalties — None.

Shots on goal

Toronto 4 10 5 2—21

N.Y. Islanders 8 10 12 2—32

Goal — Toronto: Gustavsson (W,16-10-0); N.Y. Islanders: Montoya (L,6-5-4). Power plays (goals-chances) — Toronto: 0-2; N.Y. Islanders: 0-0.

Att. — 10,888 (16,234) at Uniondale, N.Y.

NFL PLAYOFFS

PRO BOWL

Sunday's game

At Honolulu

All times Eastern

NFC vs. AFC, 7 p.m.

SUPER BOWL

Sunday, Feb. 5

At Indianapolis

New England vs. N.Y. Giants, 6:20 p.m.

TUESDAY

SHARKS 1, FLAMES 0

First Period

No Scoring.

Penalty — Jokinen Cal (hooking) 19:46.

Second Period

No Scoring.

Penalty — Vandermeer SJ (interference) 10:47.

Third Period

1. San Jose, Ferriero 6 (Couture, Boyle) 11:35

Penalties — Mitchell SJ (interference), Jones Cal (unsportsmanlike conduct-diving) 17:10,

Calgary bench (too many men; served by Kostopoulos) 19:42.

Shots on goal

1. San Jose 5 11 11 —27

Calgary 8 3 14 —25

Goal — San Jose: Niemi (W,21-10-5); Calgary: Kiprusoff (L,22-16-3). Power plays (goals-chances) — San Jose: 0-2; Calgary: 0-1.

Referees — Paul Devorski, Stephane Auger.

Linesmen — Brad Lazarowich, Mark Wheler.

Attendance — 19,289 (19,289) at Calgary.

CANUCKS 3, OILERS 2 (SO)

First Period

1. Vancouver, D.Sedin 21 (Burrows, Hamhuis) 10:24

Penalties — None.

Second Period

2. Edmonton, Horcoff 9 (Hall, Hemskey) 9:43

Penalty — Belanger Edm (hooking) 2:07.

Third Period

3. Vancouver, Booth 8 (Kesler, Higgins) 5:00

4. Edmonton, Hall 16 (Potter, Hemskey) 15:49 (pp)

Penalties — Petry Edm (hooking) 5:10,

Hamhuis Vcr (interference) 14:58.

Overtime — No Scoring.

Penalties — None.

Shootout — Vancouver wins 2-1

Edmonton (1) — Eberle, miss; Gagner, miss;

Hemskey, goal; Hall, miss, Horcoff, miss; Van-

couver (2) — Edler, goal; Raymond, miss; Bur-

rows, miss; Kesler, miss; Hodgson, goal.

Shots on goal

Edmonton 12 9 8 3—32

Vancouver 9 7 11 8—35

Goal — Edmonton: Dubnyk (L,7-11-1); Vancou-

ver: Luongo (W,20-10-4). Power plays (goals-

chances) — Edmonton: 1-1; Vancouver: 0-2.

Referees — Tom Kowal, Kyle Rehman. Lines-

men — Lonnie Cameron, Mike Cvik.

Attendance — 18,890 (18,890) at Vancouver.

LACROSSE

NLL

EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Buffalo	2	2	0	01.000	26	19	—
Rochester	2	1	1	1.500	31	24	1
Philadelphia	2	1	1	1.500	22	31	1
Toronto	2	0	2	0.000	19	26	2

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Colorado	3	3	0	01.000	46	38	—
Calgary	3	2	1	1.667	37	32	1
Minnesota	1	0	1	0.000	14	20	2
Edmonton	1	0	1	0.000	12	13	2
Washington	2	0	2	0.000	19	23	2½

WEEK FOUR

Tomorrow's games

All times Eastern

Rochester at Toronto, 7 p.m.

Philadelphia at Buffalo, 7:30 p.m.

Saturday's games

Buffalo at Minnesota, 8 p.m.

Rochester at Colorado, 9 p.m.

Toronto at Calgary, 9 p.m.

Edmonton at Washington, 10:30 p.m.

TRANSACTIONS

BASEBALL

COMMISSIONER'S OFFICE — Suspended free-

agent minor league LHP Dustin Richardson

and free-agent minor league 1B Daryle Ward

50 games for violations of the Minor League

Drug Prevention and Treatment Program.

AMERICAN LEAGUE

BALTIMORE ORIOLES — Agreed to terms with

INF Robert Andino on a one-year contract.

BOSTON RED SOX — Agreed to terms with

RHP Andrew Bailey on a one-year contract.

KANSAS CITY ROYALS — Agreed to terms

with RHP Roman Colon on a minor league con-

tract.

NEW YORK YANKEES — Agreed to terms with

OF Andruw Jones on a one-year contract.

NATIONAL LEAGUE

ARIZONA DIAMONDBACKS — Agreed to

terms with RHP Brad Ziegler on a one-year

contract.

CINCINNATI REDS — Traded LHP Jeremy

Horst to Philadelphia for INF Wilson Valdez.

Agreed to terms with RHP Nick Masset on a

two-year contract and UT Willie Harris on a

minor league contract.

COLORADO ROCKIES — Agreed to terms with

RHP Rafael Betancourt on a two-year con-

tract.

ST. LOUIS CARDINALS — Agreed to terms

with RHP Jason Motte on a one-year contract.

SAN FRANCISCO GIANTS — Named Bob Mari-

ano manager of Fresno (PCL); Steve Kline

pitching coach of San Jose (Cal); Mike Cald-

well pitching coach and Nestor Rojas hitting

coach of Augusta (SAL); Hector Borg coach of

Salem-Keizer (NWL); Derin McMains manag-

er, Michael Couchee pitching coach and Billy

Horton hitting coach of the Arizona League Gi-

ants; and Steve Decker coordinator of minor

league hitting instruction.

BASKETBALL

NBA

LEAGUE OFFICE — Suspended Phoenix C

Robin Lopez one game for improper conduct

towards a game official during Tuesday's

game against Toronto.

CHARLOTTE BOBCATS — Exercised their

Djokovic, Murray advance to semifinals

Appearing uncomfortable for much of the match, defending champion Novak Djokovic held on to beat David Ferrer 6-4, 7-6 (4), 6-1 and complete a blockbuster semifinal lineup at the Australian Open.

He leads the top four men in tennis into the semis at Melbourne Park — Djokovic against No. 4

Andy Murray, who won his quarter-final match earlier Wednesday 6-3, 6-3, 6-1 over Kei Nishikori of Japan.

On Thursday, No. 2 Rafael Nadal plays No. 3 Roger Federer, the first time the two former top-ranked stars have met in a semifinal since the 2005 French Open.

It marks only the third time that the top four seeds have advanced to the semis at the Australian Open — previously it was in 1988 and 2005. It was also the 14th time at all Grand Slams since the Open Era began in 1968, but it has happened in three of the last four — after the U.S. Open and

French Open last year.

Djokovic rubbed the back of his upper left leg on several occasions, looked on the verge of being physically sick in the second set and buried his head in towels several times during breaks. Late in the third set, a tired-looking Djokovic sat down on a linesman's chair dur-

ing a line-call video challenge by Ferrer.

"I was lucky to get out of the second set, it was a big mental advantage to get two sets up," Djokovic said.

An hour after the match, Djokovic further played down the possibility of any injuries, saying: "I don't have any physical issues."

"I feel very fit and I feel mentally, as well, very fresh," he told his post-match news conference. "It's just today I found it very difficult after a long time to breathe because I felt the whole day my nose was closed a little bit. I just wasn't able to get enough oxygen."

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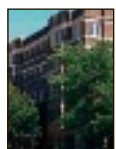
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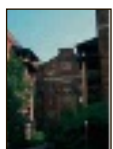
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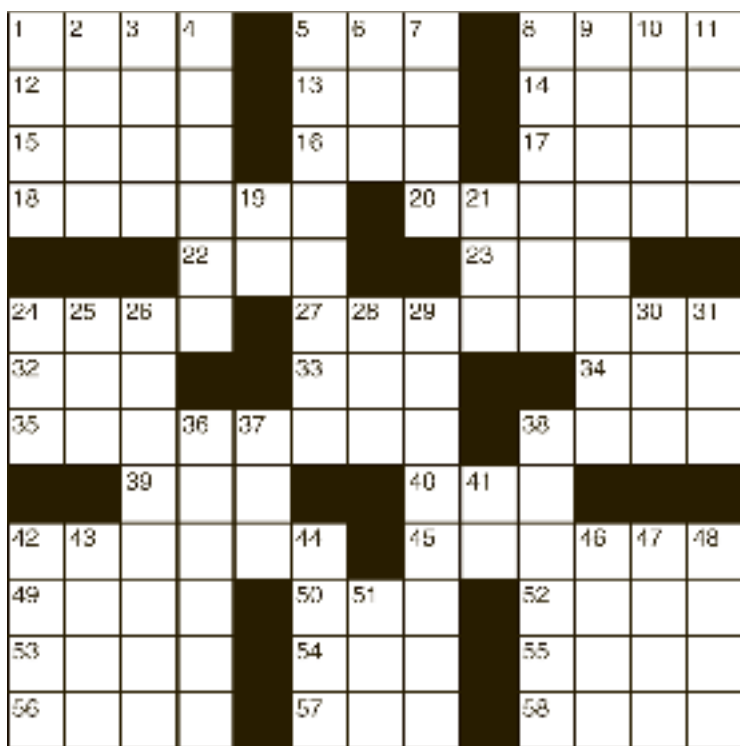
Crossword

Across

- 1 Put on layaway, perhaps
5 Fool
8 Capri or Wight
12 Appellation
13 Hockey legend Bobby
14 Blunder
15 Stonestreet of "Modern Family"
16 Keanu's "Matrix" role
17 One
18 Bounded
20 Jimmy Carter's Georgia home
22 Angry group
23 Hostel
24 React in horror
27 Loads, as software
32 Id counterpart
33 Old Olds
34 Fine, to NASA
35 Herring's cousin
38 Go back and forth
39 Fireworks response
40 Go blue?
42 French brandy
45 Fireplace area
49 Shrek is one
50 Mimic
52 Will be (Sp.)
53 Dispatch
54 Mainlander's memento
55 Not procrastinating
56 Fixes a skirt
57 Felon's flight
58 Iditarod terminus

Down

- 1 Change for a five



- 2 Distort
3 Eastern potentate
4 Leave suddenly
5 Sparrow or skylark
6 Exist
7 Item on stage
8 Tropical lizard
9 New family member
10 Pork cut
11 Salamanders
19 "Forget it!"
21 Torched
24 Jewel
25 Census statistic
26 Ultrasound image
28 Born
29 Author of "Finish-
ing the Hat"
30 Mauna —
31 The air up there
36 Sweethearts
37 "Caught ya!"
38 Spring, for one
41 "As — sow ..."
42 Brit's blackjack
43 Lecher's look
44 Be an umpire
46 Gambling mecca
47 Decorate
48 Loathe
51 Shell game

item

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►



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Babe. Happy birthday! It would be our first time celebrate your birthday together. Wish many more to come. It's been joyful knowing you. Thank you for being there with me in the past 101 days with me. You make me :) MEI

Mr. 341
You are absolutely handsome. I have thee biggest crush on you!
SMITTEN PASSENGER

friend
oh well, well accepted role and back to reality willing to finish! Realized fooled no hope, no truly.Wish I was given another chance. My fault don't blame anyone but myself! In a lot of pain.
WHEN TO STARR

Today's horoscope

♈ Aries March 21-April 20
Don't get involved in a feud unless you know you can win it.
♉ Taurus April 21-May 21
Some situations change so fast that there is really no point in trying to direct events. Back off.
♊ Gemini May 22-June 21
Someone in a position of power will try to persuade you that a certain course of action is in your best interests. You know it isn't true.
♋ Cancer June 22-July 22 Today, you must ignore all of the exciting events happening in your world and focus on getting your money situation in better shape.

♌ Leo July 23-Aug. 23
Someone seems to disagree with just about everything you say and do. Pretend he or she doesn't exist.
♍ Virgo Aug. 24- Sept. 22
Take care that you don't fall out with someone in a position of authority today. It's good politics.
♎ Libra Sept. 23-Oct. 23
Libras are tougher than they sometimes look and anyone who doubts that will learn today just how resolute and committed you can be.
♏ Scorpio Oct. 24-Nov. 22
For best results today, focus your energy on something creative that you can do on your own.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ Sagittarius Nov. 23-Dec. 21 Partners will follow your lead today, but only if you persuade them it is in their best interests.
♑ Capricorn Dec. 22-Jan. 20 You will be in a charitable mood over the next 24 hours but watch out you don't give too much away.
♒ Aquarius Jan. 21-Feb. 18 Go with the flow today and don't worry that you can't yet see your final destination. It'll be great.
♓ Pisces Feb. 19-March 20 Deep questions seem to be taking up a lot of your time, and that's good. They're the questions that really matter. **SALLY BROMPTON**

Caption contest



"Spider pig! Spider pig! Hey, hey, here comes the spider pig!"
KUMURA



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